

#### **Does Treatment Work?**



Historical Perspective: Anecdotal Proof

"Look at John...he's doing well now

– see, our program works!"



But what worked? And why? And can it be replicated?

3

for Lasting Recover

3

### **Research to Practice**



Historically research was  $\ensuremath{\textbf{descriptive}}\xspace...$ 

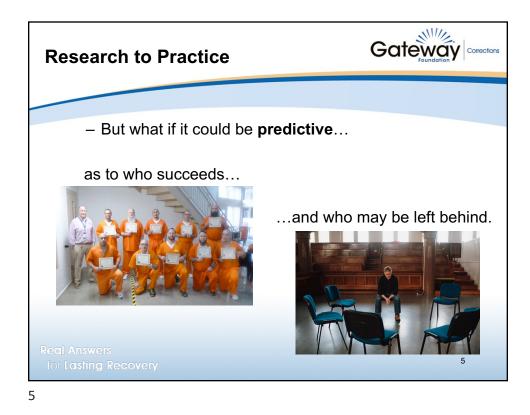


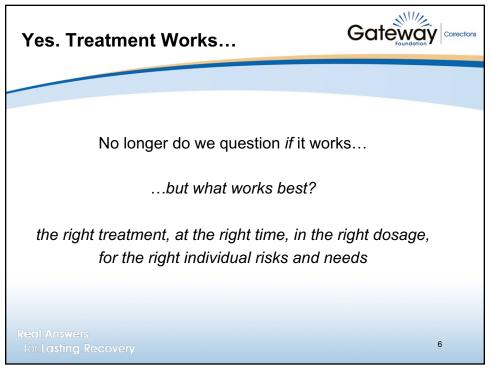
"we studied your groups and this is what happened"



for Lasting Recover

4





## **Key Principles of Adaptive Treatment**



- Match Treatment to Identified Risks/Needs
- Our view of "assessment" has evolved
  - from Static Event
  - to **Dynamic Process**
- Risks and Needs Change over time...
  yes, even during treatment
- · Interventions with "outliers" individualizes services

Real Answers

for Lasting Recovery

7

8

7

# Internal Evaluation Protocol Sample Administrations



TCU ASSESSMENTS INCLUDED	FORMS	ADMIN 1 (Intake)	ADMIN 2 (30-45 days)	ADMIN 3 (4-6 mos.)	ADMIN 4 (Discharge)	ADMIN 5 (Early DC)
Drug Screen V	TCUDSII	Х		Copy from Admin 1	-	
Criminal History Form	CRHSFORM	X		Copy from Admin 1		
CJ-Client Evaluation of Self & Treatment Forms (by domain)	MOTFORM	Х	Х	Х	Х	Х
	PSYFORM	Х	Х	Х	Х	Х
	SOCFORM	Х	Х	Х	Х	Х
	ENGFORM		Х	Х	Х	Х
Criminal Thinking Scale	CTSFORM	Х	Х	Х	Х	Х
Health Form	HLTHFORM	X*			X*	X*
Trauma Form	TRMAFORM	X*		-	X*	X*

### **Impacts on Quality**



- · Client-level data collection
  - to target treatment for each individual
    - we use predictive analysis to target interventions
- · Programmatic-level data collection
  - to help programs become more effective as a whole
    - we use aggregate data for system-level assessment and redesign where necessary

Real Answers

for Lastina Recovery

9

9

### How do you define "Success"?



- · Completion Rates?
  - But does "completing" matter
- · Outcomes? Recidivism Reduction?
  - What if you can't complete follow ups?
  - What if you don't have the time/resources to measure longitudinal rearrest or reincarceration data?
- Otherwise...you can measure what the literature says matters?
  - Client Engagement Retention in Treatment
  - Counselor Rapport
  - What does the client believe?

Real Answer

for Lastina Recovery

10

