

TCU Y-FMFRForm - Family and Friends of Youth

Item Scoring Guide and Scales

Scoring Instructions. Items shown below from this assessment are *re-grouped by scales*, and response categories are (1) disagree strongly, (2) disagree, (3) uncertain, (4) agree, and (5) agree strongly. Scores for *each scale* are calculated as follows (and no more than half of the items for any scale can be missing).

1. Find and reverse the scoring for *reflected items* (i.e., those designated with ®) by –
 - a. subtracting the response value (1 to 5) for this item from “6”,
(e.g., if the response is “2”, the *revised* score is “4” [i.e., 6-2=4]),
2. Sum the response values of all non-missing items for each scale,
3. Divide the sum of item responses by the number of items included (yielding an average),
4. Multiply this average by 10 (in order to *rescale* the score so it ranges from 10 to 50)
(e.g., an average response of “2.6” for a scale therefore becomes a score of “26”).

A. Family Warmth (7 items)

14. Your family often sits down to eat together at the same time.
17. You have parents and a family who make you feel loved.
18. Your parents often tell you they love and care about you.
19. You have parents who understand you.
20. Your parents pay attention to what you say.
23. Your family is helpful and supportive when you get discouraged.
29. When you have a problem, your family will stand by you.

B. Family Control (6 items)

2. Your parents often make rules and decisions for you.
9. Your parents let you go where you please without asking. ®
13. You have more rules in your family than do your friends.
25. There are family punishments when you do something wrong.
28. There are clear rules in your family that you have to follow.
32. Your parents let you off easy when you do something wrong. ®

C. Family Conflict (4 items)

4. There are lots of arguments or fights in your family.
8. Members of your family often get really mad at one another.
11. Members of your family argue and talk badly about each other.
31. Your family members often hit or yell at each other.

D. Peer Trouble (7 items)

3. You have friends who have dropped out of school.
5. You have friends who have been in trouble because of alcohol or drug use.
10. You have friends who have damaged other peoples’ property.
12. Your friends do things that can get them into trouble with the law.
24. You have friends who have been stopped or picked up by the police.
30. You have friends who are in gangs of some type.
35. You have friends who have used a weapon (gun, knife, or club) in a fight.

E. Peer to Family (5 items)

6. Your parents like most of your friends.
16. Most of your friends like your parents.
26. Your parents know many of your friends and families.
27. You spend time at the homes of your friends.
33. Many of your friends know your parents.

F. Peer Socialization (6 items)

1. Your friends usually get passing grades in school or have regular jobs.
7. Your friends like to play sports.
15. You have friends who often volunteer time to help others.
21. Your friends usually study, read, or do homework most days.
22. Most of your friends want to complete more school.
34. You have friends who want to go to college.

Sources:

Barrett, M. E., Simpson, D. D., & Lehman, W. E. K. (1988). Behavioral changes of adolescents in drug abuse intervention programs. *Journal of Clinical Psychology, 44*(3), 461-473.

Simpson, D. D., & McBride, A. A. (1992). Friends, Family, and Self (FFS) assessment scales for Mexican American youth. *Hispanic Journal of Behavioral Sciences, 14*(3), 327-340.

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