

TCU ENGFORM – Engagement in Treatment

Scales and Item Scoring Guide

Scoring Instructions. Items shown below from this assessment are *re-grouped by scales*, and response categories are 1=Strongly Disagree to 5=Strongly Agree. Scores for *each scale* are calculated as follows (and no more than half of the items for any scale can be missing).

1. Find and reverse the scoring for reflected items (i.e., those designated with ®) by –
 - a. subtracting the response value (1 to 5) for this item from “6”,
(e.g., if the response is “2”, the *revised* score is “4” [i.e., 6-2=4]),
2. Sum the response values of all non-missing items for each scale,
3. Divide the sum of item responses by the number of items included (yielding an average),
4. Multiply this average by 10 (in order to *rescale* the score so it ranges from 10 to 50)
(e.g., an average response of “2.6” for a scale therefore becomes a score of “26”).

TREATMENT ENGAGEMENT PROCESS DOMAINS

A. Treatment Participation (TP)

6. You are willing to talk about your feelings during counseling.
9. You have made progress with your drug/alcohol problems.
11. You have learned to analyze and plan ways to solve your problems.
12. You have made progress toward your treatment program goals.
13. You always attend the counseling sessions scheduled for you.
20. You have stopped or greatly reduced your drug use while in this program.
22. You always participate actively in your counseling sessions.
23. You have made progress in understanding your feelings and behavior.
25. You have improved your relations with other people because of this treatment.
28. You have made progress with your emotional or psychological issues.
31. You give honest feedback during counseling.
36. You are following your counselor’s guidance.

B. Treatment Satisfaction (TS)

2. Time schedules for counseling sessions at this program are convenient for you.
4. This program expects you to learn responsibility and self-discipline.
7. This program is organized and run well.
10. You are satisfied with this program.
26. The staff here are efficient at doing their job.
34. You can get plenty of personal counseling at this program.
35. This program location is convenient for you.

C. Counseling Rapport (CR)

1. You trust your counselor.
3. It’s always easy to follow or understand what your counselor is trying to tell you.
5. Your counselor is easy to talk to.
8. You are motivated and encouraged by your counselor.
14. Your counselor recognizes the progress you make in treatment.
15. Your counselor is well organized and prepared for each counseling session.
16. Your counselor is sensitive to your situation and problems.
17. Your treatment plan has reasonable objectives.
18. Your counselor views your problems and situations realistically.
21. Your counselor helps you develop confidence in yourself.
29. Your counselor respects you and your opinions.
32. You can depend on your counselor’s understanding.

D. Peer Support (PS)

19. Other clients at this program care about you and your problems.
24. Other clients at this program are helpful to you.
27. You are similar to (or like) other clients of this program.
30. You have developed positive trusting friendships while at this program.
33. There is a sense of family (or community) in this program.

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