**TCU ADOL THKFORM A**

***Disagree Agree***

***Strongly Disagree Uncertain Agree Strongly***

***(1) (2) (3) (4) (5)***

**Please indicate how much you AGREE   
or DISAGREE with each statement.   
If you neither agree nor disagree,   
mark UNCERTAIN.**

1. I am usually able to concentrate well   
when reading. ⭘ ⭘ ⭘ ⭘ ⭘

2. Before making up my mind, I consider   
the advantages and disadvantages. ⭘ ⭘ ⭘ ⭘ ⭘

3. Alcohol helps me feel a part of things. ⭘ ⭘ ⭘ ⭘ ⭘

4. When I am upset I often act   
without thinking. ⭘ ⭘ ⭘ ⭘ ⭘

5. I am a cautious person. ⭘ ⭘ ⭘ ⭘ ⭘

6. Drugs help make a party better. ⭘ ⭘ ⭘ ⭘ ⭘

7. When I feel rejected, I will often say   
things that I later regret. ⭘ ⭘ ⭘ ⭘ ⭘

8. I tend to follow a rational, “sensible”   
approach to things. ⭘ ⭘ ⭘ ⭘ ⭘

9. When I am very happy, I feel like it is OK  
to give in to cravings or overindulge. ⭘ ⭘ ⭘ ⭘ ⭘

10. It is hard for me to resist acting   
on my feelings. ⭘ ⭘ ⭘ ⭘ ⭘

11. When I am really happy, I tend to   
get out of control. ⭘ ⭘ ⭘ ⭘ ⭘

12. I usually think carefully before   
doing most things. ⭘ ⭘ ⭘ ⭘ ⭘

13. Drugs help me feel a part of things. ⭘ ⭘ ⭘ ⭘ ⭘

***Disagree Agree***

***Strongly Disagree Uncertain Agree Strongly***

***(1) (2) (3) (4) (5)***

14. I am usually able to concentrate well  
when listening. ⭘ ⭘ ⭘ ⭘ ⭘

15. It is normal to use alcohol when you   
are a teenager. ⭘ ⭘ ⭘ ⭘ ⭘

16. Alcohol helps make a party better. ⭘ ⭘ ⭘ ⭘ ⭘

17. When I am really happy, I often find   
myself in situations that I normally   
wouldn’t be comfortable with. ⭘ ⭘ ⭘ ⭘ ⭘

18. It is normal to use drugs when you   
are a teenager. ⭘ ⭘ ⭘ ⭘ ⭘

19. Sometimes when I feel bad, I can’t seem   
to stop what I am doing even though   
it is making me feel worse. ⭘ ⭘ ⭘ ⭘ ⭘

20. My use of alcohol/drugs is not a problem   
unless I get caught. ⭘ ⭘ ⭘ ⭘ ⭘

21. I like to stop and think things over   
before I do them. ⭘ ⭘ ⭘ ⭘ ⭘

22. I have trouble paying attention. ⭘ ⭘ ⭘ ⭘ ⭘

23. Alcohol/drug use doesn’t affect   
my ability to drive safely. ⭘ ⭘ ⭘ ⭘ ⭘

24. I have problems sticking with tasks   
until they are done. ⭘ ⭘ ⭘ ⭘ ⭘

25. I often make matters worse because I act   
without thinking when I am upset. ⭘ ⭘ ⭘ ⭘ ⭘

26. I am in full control of my   
alcohol/drug use. ⭘ ⭘ ⭘ ⭘ ⭘

27. In the heat of an argument, I will often   
say things that I later regret. ⭘ ⭘ ⭘ ⭘ ⭘

28. I will not get hurt from using   
alcohol/drugs. ⭘ ⭘ ⭘ ⭘ ⭘

***Disagree Agree***

***Strongly Disagree Uncertain Agree Strongly***

***(1) (2) (3) (4) (5)***

29. Others are shocked or worried about the  
things I do when I am feeling   
very excited. ⭘ ⭘ ⭘ ⭘ ⭘

30. I feel pressure from my friends to use  
alcohol/drugs. ⭘ ⭘ ⭘ ⭘ ⭘

31. When I get really happy about something,  
I tend to do things that can have   
bad consequences. ⭘ ⭘ ⭘ ⭘ ⭘

32. I usually make up my mind through  
careful thinking. ⭘ ⭘ ⭘ ⭘ ⭘

33. When I am really excited, I tend not to  
think of the consequences of my action. ⭘ ⭘ ⭘ ⭘ ⭘

34. I could stop my alcohol/drug use   
at any time. ⭘ ⭘ ⭘ ⭘ ⭘

35. I am easily distracted when   
doing work. ⭘ ⭘ ⭘ ⭘ ⭘