

# TCU ADOL ENGFORM

## *Scales and Item Scoring Guide*

**Scoring Instructions.** Numbers for each item indicate its location in the administration version, in which response categories are 1=Disagree Strongly to 5=Agree Strongly; ® designates items with reflected scoring. Scores for each scale are obtained by summing responses to its set of items (after reversing scores on reflected items by subtracting the item response from “6”), dividing the sum by number of items included (yielding an average) and multiplying by 10 in order to rescale final scores so they range from 10 to 50 (e.g., an average response of 2.6 for a scale becomes a score of “26”). Note: \*\*\*\* Indicates items that are not used in scale development.

### TREATMENT ENGAGEMENT SCALES

#### **A. Treatment Participation (TPY)**

6. You are willing to talk about your feelings during counseling.
9. You have made progress with your drug/alcohol problems.
11. You have learned to analyze and plan ways to solve your problems.
12. You have made progress toward your treatment program goals.
13. You always attend the counseling sessions scheduled for you.
20. You have stopped your drug use while in this program.
22. You always participate actively in your counseling sessions.
23. You have made progress in understanding your feelings and behavior.
25. You have improved your relations with other people because of this treatment.
28. You have made progress with your emotional or psychological issues.
31. You give honest feedback during counseling.
36. Other clients at this program make it hard for you to focus on your treatment. ®\*\*\*\*

#### **B. Treatment Satisfaction (TSY)**

2. Time schedules for counseling sessions at this program are convenient for you.
4. This program expects you to learn responsibility and self-discipline.
7. This program is organized and run well.
10. You are satisfied with this program.
26. The staff here are efficient at doing their job.
34. You can get plenty of personal counseling at this program.

#### **C. Counseling Rapport (CRY)**

1. You trust your counselor.
3. It's always easy to follow or understand what your counselor is trying to tell you.
5. Your counselor is easy to talk to.
8. You are motivated and encouraged by your counselor.
14. Your counselor recognizes the progress you make in treatment.
15. Your counselor is well organized and prepared for each counseling session.
16. Your counselor is sensitive to your situation and problems.
17. Your treatment plan has reasonable goals.
18. Your counselor views your problems and situations realistically.
21. Your counselor helps you develop confidence in yourself.
29. Your counselor respects you and your opinions.
32. You can depend on your counselor's understanding.

#### **D. Peer Support (PSY)**

19. Other clients at this program care about you and your problems.
24. Other clients at this program are helpful to you.
27. You are similar to (or like) other clients of this program.
30. You have developed positive trusting friendships while in this program.
33. There is a sense of family (or community) in this program.
35. Your friendships at this program have gotten you in trouble with the staff. ®\*\*\*\*

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