This module was developed as part of NIDA Grant DA06162-06A1, *Improving Drug Abuse Treatment Assessment and Research* (DATAR-2).

The *Time Out! For Men* training module and data collection forms may be used for personal, educational, research, and /or information purposes. Permission is hereby granted to reproduce and distribute copies of these materials (except for reprinted passages from copyrighted sources) for nonprofit educational and nonprofit library purposes, provided that copies are distributed at or below costs and that credit for author, source, and copyright are included on each copy. No material may be copied, downloaded, stored in a retrieval system, or redistributed for any commercial purpose without the express written permission of Texas Christian University.

For more information about *Time Out! For Men*, please contact:

Institute of Behavioral Research Texas Christian University TCU Box 298740 Fort Worth, TX 76129 (817) 257-7226 (817) 257-7290 fax Email: ibr@tcu.edu

Web site: www.ibr.tcu.edu

© Copyright 2002 Texas Christian University, Fort Worth, Texas. All rights reserved.

ii TCU/DATAR Manual

CLIENT SURVEY TIME OUT! FOR MEN

TO BE COMPLETED	BY STAFF:			[FORM 58; CARD 0
SITE #:	CLIENT ID#	:	TODAY'S DATE:	COUNSELOR ID#:
[5]	<u> </u> <u> </u> _ _ [6-9]			 [10-15] [16-17]
SEQUENCE:	1. PRETEST	2. POSTTEST	3. 10 WEEK 4. 61	MONTH [18]

PART ONE.

INSTRUCTIONS. Please answer the following questions based on whether you think the sentence is TRUE or FALSE. Circle 1 (True) or 2 (False) after each statement.

		True	False	
1.	In the true nature of things, men and women are opposites	1	2	[19]
2.	Testicular cancer is most common in men under age 35.	1	2	[20]
3.	Television, movies, and music may influence how we expect men and women to behave and feel.	1	2	[21]
4.	If a person is an active listener it means he will interrupt the speaker to give his point of view.	1	2	[22]
5.	Logic is more important than emotions in dealing with people.	1	2	[23]
6.	Problems with urination (such as trouble getting the flow started) may indicate a problem in the prostate gland.	. 1	2	[24]
7.	Conflict and disagreement are unlikely to happen in a good relationship or marriage.	1	2	[25]
8.	Society and culture create the roles men and women are expected to play	1	2	[26]
9.	A person who is a good listener tries to tune out distractions when communicating with others.	1	2	[27]
10.	Some sexually transmitted diseases such as gonorrhea and syphilis are rare and hard to catch.	1	2	[28]
11.	An I-Statement is something used by people who are self-centered	1	2	[29]
12.	Sperm cells that are not released through sex may build up in a man's testicles and cause health problems.	1	2	[30]

13.	An assertive attitude means respect for self as well as respect for others	1	2	[31]
14.	To resolve a conflict, both people involved must agree on who is to blame	1	2	[32]
15.	Only latex condoms should be used to protect against HIV and other sexually transmitted diseases.	1	2	[33]
16.	In human beings, sex drive is based on instinct, just like it is with other living creatures.	1	2	[34]
17.	If you have an assertive attitude it means you only accept your own point of view.	1	2	[35]
18.	Men do not experience most feelings as strongly as women do	1	2	[36]
19.	The man's penis and the woman's clitoris are made out of the same type of skin and tissue.	1	2	[37]
20.	To settle an argument with someone, it's helpful to bring up similar disagreements from the past.	1	2	[38]

PART TWO.

INSTRUCTIONS: <u>Circle the answer</u> that shows how much you agree or disagree each item describes <u>you or the way you have been feeling lately</u>.

	STRON	DISAGREE IGLY	<u> </u>	NOT SURE .		AGREE	TRONGLY	<u></u>
1. It is entirely up to the male partner to take the lead in sexual activities	1	2	3	4	5	6	7	[39]
2. I accept the fact that my sex life will sometimes be highly frustrating	1	2	3	4	5	6	7	[40]
3. The primary goal of sexual activity should be intercourse.	1	2	3	4	5	6	7	[41]
4. If my partner treats me unfairly, I can express how I feel without losing my temper	1	2	3	4	5	6	7	[42]
5. For real compatibility, my sex partner should desire sex as frequently or as infrequently as I do	1	2	3	4	5	6	7	[43]
6. Sexual pleasure should be easy and spontaneous, not something I must work hard to achieve.	1	2	3	4	5	6	7	[44]

	-	STRONG	DISAGREE GLY		NOT		AGREE S		
7.	Men are generally more interested in sex than women.		2	3	4	5	6	7	[45]
8.	I listen carefully to what my partner has to say.	. 1	2	3	4	5	6	7	[46]
9.	I can't stand it when my sex life is not the way I want it to be.	. 1	2	3	4	5	6	7	[47]
10.	Having intercourse is the best way to express sexual desire.	. 1	2	3	4	5	6	7	[48]
11.	I intend to talk to my sex partner about how we can have safer sex.	. 1	2	3	4	5	6	7	[49]
12.	It is okay for a woman to initiate sex	1	2	3	4	5	6	7	[50]
13.	My sex partner should be sensitive enough to know exactly what I want sexually without my having to say anything.	. 1	2	3	4	5	6	7	[51]
14.	Since men seem unable to control their sex drive, women must control theirs	. 1	2	3	4	5	6	7	[52]
15.	I have the right to jump in and make decisions for my partner.	. 1	2	3	4	5	6	7	[53]
16.	I plan to use condoms more often in the future.	1	2	3	4	5	6	7	[54]
17.	My sex partner must follow the same sex rules and customs that I do	. 1	2	3	4	5	6	7	[55]
18.	If I fail as a lover, this means that I'm an inadequate person.	. 1	2	3	4	5	6	7	[56]
19.	Orgasm from manual stimulation can be as satisfying as intercourse.	. 1	2	3	4	5	6	7	[57]
20.	Sexual urges are strong but manageable by most men.	1	2	3	4	5	6	7	[58]
21.	I would object if my partner suggested that we use a condom.	1	2	3	4	5	6	7	[59]
22.	Sexual intercourse between a man a woman is the only mature way to satisfy sexual needs.	1	2	3	4	5	6	7	[60]
23.	It is difficult for me to talk to my partner about sexual concerns.		2	3	4	5	6	7	[61]

Time Out! For Men 227 3 of 3

Bibliography

Bartholomew, N., Chatham, L., & Simpson, D. (1994). *Time Out! For Me - An Assertiveness and Sexuality Workshop Specially Designed for Women*. Fort Worth: Texas Christian University, Institute of Behavioral Research.

Bartholomew, N., & Simpson, D. (1994). Approaches to HIV/AIDS Education in Drug Treatment. Fort Worth: Texas Christian University, Institute of Behavioral Research.

Bartholomew, N., Simpson, D., & Chatham, L. (1993). Straight Ahead: Transition Skills for Recovery, Fort Worth: Texas Christian University, Institute of Behavioral Research.

Fracher, J. C., & Kimmel, M. S. (1987). Hard issues and soft spots: Counseling men about sexuality. In M. Scher, M. Stevens, G. Good, & G. A. Eichenfield (Eds.), *Handbook of Counseling & Psychotherapy with Men*. Beverly Hills: Sage Publications.

Gross, A. E. (1980). The male role and heterosexual behavior. In T. M. Skovholt, P. G. Schauble, & R. Davis (Eds.), *Counseling Men*. Monterey, CA: Brooks/Cole Publishing.

Kramer, P. (1988). *The Dynamics of Relationships*. Kensington, MD: Equal Partners

Levant, R. F. (1990). Psychological services designed for men: A Psychoeducational approach. *Psychotherapy*, 27(3), 309-315..

McCary, J. & McCary, S. P. (1984). *Human Sexuality, 3rd Edition*, Bellmont, CA: Wadsworth Publishing.

McCarthy, B. W. (1980). Secondary impotence: Understanding, prevention, and treatment. In T. M. Skovholt, P. G. Schauble, & R. Davis (Eds.), *Counseling Men.* Monterey, CA: Brooks/Cole Publishing.

Meth, R. L., & Pasick, R. S. (1990). *Men In Therapy: The Challenge of Change*. New York: Guilford Press.

Nowinski, J. (1993). Hungry Hearts: On Men, Intimacy, Self-Esteem, and Addiction. New York: Lexington Books.

Nowinski, J. (1980). Becoming Satisfied: A Man's Guide to Sexual Fulfillment. Englewood Cliffs, NJ: Prentice-Hall.

Ortiz, E. (1989). Your Complete Guide to Sexual Health. Englewood Cliffs, NJ: Prentice-Hall.

Time Out! For Men 229

Bibliography

Petrich, B., & McDermott, B. (1988). *Intimacy Is For Everyone*. (Available from Planned Parenthood of Santa Barbara, 158 Garden Street, Santa Barbara, CA 93101).

Picchioni, A. (1992). Men, masculinity, and therapy. *TCA Journal*, 20(2), 9-17.

Pollack, W. S. (1990). Men's development and psychotherapy: A psychoanalytic perspective. *Psychotherapy*, 27(3), 316-321.

Rogers, Carl R. (1961). *On Becoming a Person*. Boston: Houghton Mifflin Company.

Roen, P. (1974). Male Sexual Health. New York: William-Morrow.

Sproule, J.M. (1981). *Communication Today*. Glenview, IL: Scott, Foresman, and Company. *Psychotherapy*, 27(3), 316-321.

230 TCU/DATAR Manual