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# CLIENT SURVEY STRAIGHT AHEAD

THIS BOX IS TO BE COMPLETED BY DATA COORDINATOR:							[FORM 59; CARD 01]	
SITE #   _	CLIENT ID#		[7-12]	DATE:   _    MO	 DAY	YR	[13-18]	COUNSELOR ID#   _  [19-20]
SEQUENCE:	1. PRETEST	2. Posttest						l <u> </u>

### PART ONE.

INSTRUCTIONS: Please answer the following questions based on whether you think the sentence is TRUE or FALSE. Circle 0 (True) or 1 (False) after each statement.

		True	False	
1.	People and places have no effect on triggering drug cravings.	0	1	[22]
2.	Assertive communication lowers your self-esteem.	0	1	
3.	Spending time with friends who use may trigger your urges to use.	0	1	[24]
4.	An I-statement is considered rude and selfish.	0	1	
5.	Before you can join a 12-Step group you must be addicted for 12 years.	0	1	[26]
6.	If you have a lot of stress you should sleep less.	0	1	
7.	Solutions that work just a little bit are no good.	0	1	[28]
8.	A good way to deal with anger is to talk about it, resolve it, and let it go	0	1	
9.	Setbacks are a mark of failure.	0	1	[30]
10.	A "recovery journal" helps keep you focused on personal recovery issues.	0	1	
11.	There is little difference between assertiveness and aggressiveness.	0	1	[32]
12.	A true friend will support and respect your recovery efforts.	0	1	
13.	Listening is only a small part of good communication.	0	1	[34]

	True	False	
14. 12-Step groups do not accept methadone patients.	0	1	
15. It's possible to live a stress-free life.	0	1	[36]
16. Mapping exercises help you think about solutions in a focused way.	0	1	
17. There are no support groups for anger-related issues.	0	1	[38]
18. Goals should be specific and realistic.	0	1	

#### PART TWO.

INSTRUCTIONS: Please rate each item on a scale of 1 (Strongly Disagree) to 7 (Strongly Agree), cording to <u>HOW TRUE THE STATEMENT IS FOR YOU</u>. Please circle one number for your answer to each statement.

DISAGREE AGREE STRONGLY . . . SLIGHTLY SLIGHTLY ... STRONGLY READ EACH ITEM AND CIRCLE ANSWER. 1. I know how to find solutions to family problems. ..... 1 2 3 [40] 2. I know what to do to help myself. ...... 1 2 3 I consider how my actions will affect 2 3 [42] 4. I believe that support groups can 3 3 [44] 3 7. I can think of several different ways to solve a problem. ...... 1 2 3 [46] 3 I am seldom able to solve my own problems. ........... 2 3 [48]

ac-

## **PART TWO.** (continued)

	DISAGREE				AGREE			_
READ EACH ITEM AND CIRCLE ANSWER.	STRONGLY		SLIGHTLY		SLIGHTLY		STRONGLY	
10. I'm proud of my abilities	<u>1</u>	2	3	4	5	6	7_	[49]
11. I'm pretty good at figuring out solutions	<u>1</u>	2	3	4	5	6	7	
12. Attending group meetings has helped my recovery.	<u>1</u>	2	3	4	5	6	7	[51]
13. When I have a problem, it's hard for me to focus on solutions.	<u>1</u>	2	3	4	5	6	7	
14. I wish I had more respect for myself	<u>1</u>	2	3	4	5	6	7	[53]
15. I make good decisions.	1	2	3	4	5	6	7_	
16. I see no benefits in communicating assertively.	<u>1</u>	2	3	4	5	6	7_	[55]
17. I trust my own ability to solve a problem	<u>1</u>	2	3	4	5	6	7	
18. I feel like a failure.	<u>1</u>	2	3	4	5	6	7	[57]
19. I'm pretty good at coping with stress	<u>1</u>	2	3	4	5	6	7	
20. I prefer for someone else to solve my problems for me.	<u>1</u>	2	3	4	5	6	7	[59]

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