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# Resources for Parenting Education

### <u>Videos, Pamphlets, Materials</u>

Health EDCO Box 21207 Waco, TX 76702 1-800-299-3366 (Catalog Available)

ETR Associates Box 1830 Santa Cruz, CA 95061 1-800-321-4407 (Catalog Available)

ChildsWork, ChildsPlay 100 Plaza Dr. Secaucus, NJ 07094 1-800-962-1141 (Catalog Available) Altchul Group Corporation 1560 Sherman Ave. #100 Evanston, IL 60201 1-800-421-2363 (Catalog Available)

Krames Communications 1100 Grundy Lane San Bruno, CA 94066 1-800-333-3032 (Catalog Available)

Films for the Humanities Box 2053 Princeton, NJ 08543 1-800-257-5126 (Catalog Available)



#### Parenting Web sites

http://www.parentsplace.com http://www.wholefamily.com http://www.parentsoup.com http://www.zerotothree.org http://www.parentzchannel.com

#### National Organizations

Center for Substance Abuse Treatment Drug Abuse Information Hotline 1-800-662-HELP (4357)

Clearinghouse for Child Abuse and Neglect Information Box 1182 Washington, DC 20013 1-800-394-3366

National Clearinghouse for Alcohol and Drug Information Box 2345 Rockville, MD 20847 1-800-729-6686



# ADDITIONAL READING MATERIALS

Brazelton, T. B. (1992). *Touchpoints: Your Child's Emotional and Behavioral Development*. New York: Addison-Wesley Publishing Co.

Crary, E. (1990). Pick Up Your Socks...And Other Skills Growing Children Need! Seattle, WA: Parenting Press, Inc.

DelCampo, R. L., & DelCampo, D. S. (1995). Taking Sides: Clashing Views on Controversial Issues in Childhood and Society. New Mexico State University: Dushkin Publishing Group, Inc.

Eisenberg, A., Murkoff, H. E., & Hathaway, S. E. (1994). What to Expect: The Toddler Years. New York: Workman Publishing Co.

Nelsen, J., Erwin, C. & Delzer, C. (1994). Positive Discipline for Single Parents: A Practical Guide to Raising Children Who Are Responsible, Respectful, and Resourceful. Rocklin, CA: Prima Publishing.

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Nelsen, J., Intner, R., & Lott, L. (1995). *Positive Discipline for Parenting in Recovery.* Rocklin, CA: Prima Publishing.

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### Partners in Parenting References

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Leverington, J. (1996). A solution-focused approach to child abuse. Family Violence and Sexual Assault Bulletin, 12(3-4), 25-30.

Miller, S. D., & Berg, I. K. (1995). *The Miracle Method: A Radically New Approach to Problem Drinking.* New York: W. W. Norton.

Sia, T. L., Czuchry, M. L., Dansereau, D. F., & Blankenship, J. (1999). *Preparation for change: The Tower of Strength and The Weekly Planner*. Lighthouse Institute, Chestnut Health Systems.

Webster-Stratton, C., & Herbert, M. (1993). "What really happens in parent training?" *Behavior Modification*, 17(4), 407-456.

#### PARTNERS IN PARENTING --PRE & POST QUESTIONNAIRE

TO BE COMPLETED BY STAFF:	[FORM 3	352; CARD 01
SITE #:    CLIENT ID#:   _	TODAY'S DATE:         [7-10] MO DAY YR	 [11-16]
COUNSELOR ID#:    [17-18]	CIRCLE ONE: 1=Pre-PP 2=Post-	PP [19]

#### Instructions: <u>Circle the answer</u> that shows how much you agree or disagree with each statement.

	DISAGREE STRONGLY			NOT . SURE .	AGREE			
<ol> <li>Rewarding a child's good behavior will help the child learn to do it more often.</li> </ol>	1	2	3	4	5	6	7	[20]
2. Punishing children when they are stubborn teaches them how to listen	1	2	3	4	5	6	7	[21]
3. Young children should not be allowed do things like play with food at mealting splash water out of the bathtub, or dump toys out of their containers	ne,	2	3	4	5	6	7	[22]
4. It's okay to let children work out their own problems when fighting with other children, as long as they don't hurt each other.	1	2	3	4	5	6	7	[23]
5. If a preschool child cries or whines, a parent should "lay off" and not discipline the child.	1	2	3	4	5	6	7	[24]
6. Arguing with a child teaches assertive communication skills	1	2	3	4	5	6	7	[25]
<ol> <li>Parents can listen to their children while they do other things (like clean the kitchen).</li> </ol>	1	2	3	4	5	6	7	[26]

		DISAGREE			NOT	AGREE			
		STRONG	LY	••••	. SURE .		S	FRONGL	<u>Y</u>
8.	It's okay for a teenager to argue that a rule is not fair.	1	2	3	4	5	6	7	[27]
9.	Children are more likely to do what a parent asks if the parent uses a harsh voice.	1	2	3	4	5	6	7	[28]
10.	If a child misbehaves it's okay to let several hours go by before a parent disciplines	1	2	3	4	5	6	7	[29]
11.	If an infant cries or whines, a parent should respond quickly.	1	2	3	4	5	6	7	[30]
12.	Telling a child that she's a "bad girl" helps her understand what she did wrong	1	2	3	4	5	6	7	[31]
13.	Allowing children to choose their own solution to a problem creates rebellion.	1	2	3	4	5	6	7	[32]
14.	Once you find a good way to deal with a parenting problem, you shouldn't change it	1	2	3	4	5	6	7	[33]
15.	Some types of bad behavior are best handled by ignoring the child	1	2	3	4	5	6	7	[34]
16.	When children feel they are accepted by their parents, they learn to feel good about themselves	1	2	3	4	5	6	7	[35]
17.	It is not necessary to follow-through with discipline if a child apologizes	1	2	3	4	5	6	7	[36]
18.	Telling children what they should do is enoughyou shouldn't have to walk them through the motions	1	2	3	4	5	6	7	[37]

		DISAGREE		NOT AGREE					
		STRONG	LY	<u></u>	. SURE .		S	FRONGL	<u>Y</u>
19.	When children are given choices, they learn that they are in control of their behavior.	1	2	3	4	5	6	7	[38]
20.	Parents should keep remembering the bad choices they made in the past so they won't repeat them again	1	2	3	4	5	6	7	[39]
21.	Children who are spanked for misbehaving rarely repeat the behavior again.	1	2	3	4	5	6	7	[40]
22.	Really good parents are able to solve problems quickly without having to ask others for help or spend a lot of time thinking about it	1	2	3	4	5	6	7	[41]
23.	If parents respond calmly when a child misbehaves, the child won't take them seriously	1	2	3	4	5	6	7	[42]
24.	A new method of discipline doesn't always work at first	1	2	3	4	5	6	7	[43]
25.	Parents should not let their children make decisions about family rules	1	2	3	4	5	6	7	[44]
26.	Lecturing (scolding, giving a speech) helps children remember what to do	1	2	3	4	5	6	7	[45]
27.	A child will be more influenced by what a parent says than by what a parent does	1	2	3	4	5	6	7	[46]
28.	A good listener agrees with everything others say	1	2	3	4	5	6	7	[47]