

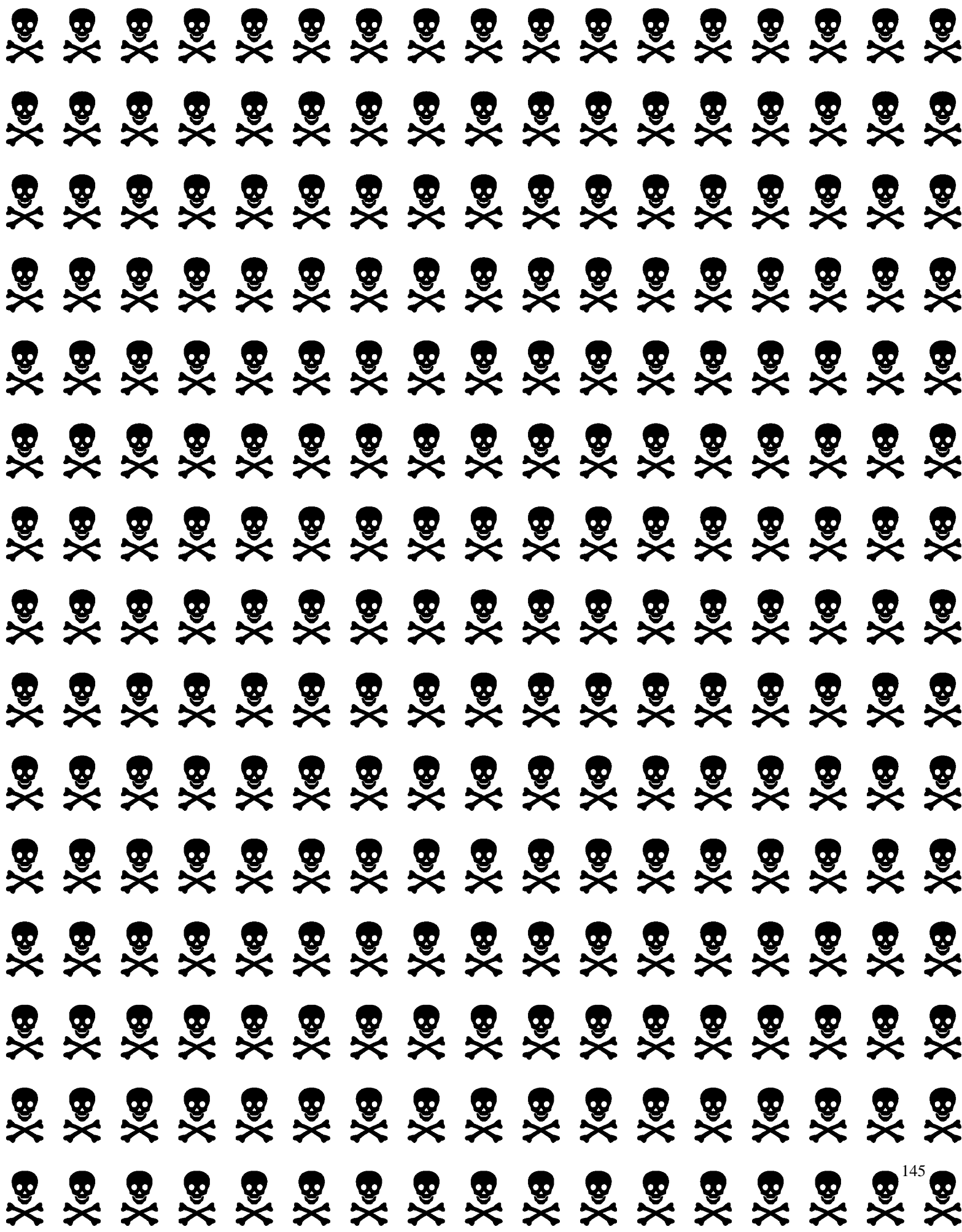
DEATH CARDS

(Print on white cardstock.)



(If you land on a death square, roll the dice to find out your fate.)*

1 = Death card # 1	3 = Death card # 3	5 = Death card # 5
2 = Death card # 2	4 = Death card # 4	6 = Death card # 6



Due to a diminishing supply of drugs, dealers start cutting the drugs with whatever is available. The high level of metal in the tainted drugs cost you your life.



You lose.

Quote

No man can be ignorant that he must die, nor be sure that he may not this very day.

*Marcus Tullius Cicero (106-43 BC)
Roman philosopher*

Death Card #1

You crash your car while driving under the influence. The accident leaves you paralyzed. You can communicate only by blinking your eyes.



You lose.

Quote

Don't wait for the last judgment. It happens every day.

*Albert Camus (1913-1960)
French novelist*

Death Card #2

Your excessive drinking has caused Korsakoff's syndrome. You can't remember the present or the past and can no longer take care of yourself. There is no treatment and you will spend the rest of your life being cared for – a burden to your family and society.



You lose.

Quote

Drink and you know not whence you came nor why. Drink and you know not why you go nor where.

*Omar Khayyan (11th century)
poet*

Death Card #3

You overdose. You pass out and die in your own vomit.



You lose.

Quote

***For what is life?
It is even a vapor, that appears for a little time and then vanishes away.***

The Bible, James 4:14

Death Card #4

Print on
White
Cardstock

Cut on
dotted
lines

You overdose and damage much of your brain. You will be in a vegetative coma for the rest of your life. You are a burden on your family and society for years to come.



You lose.

Quote

Life is an incurable disease.

Abraham Cowley (1618-1667)
Author

Death Card #5

Due to excessive drug use you lose touch with reality and hallucinate wildly that everyone is out to get you. You are committed to an asylum as hopelessly insane.



You lose.

Proverb

*Fools and madmen ought
not be left in their own
company.*

Death Card #6

Due to your extensive drug use, you have flashbacks and hallucinate that you can fly. You jump off a cliff and die a slow death from internal injuries.



You lose.

Quote

All hope abandon ye who enter.

Dante Alighieri (1265-1321)
Italian poet

Death Card #7

A drug deal goes bad, you are shot to death along with your infant son who is in the car with you,



You lose.

QUOTE

*Goodbye, proud world...
Thou art not my friend, and
I'm not thine.*

Ralph Waldo Emerson (1803-1882)
Poet

Death Card #8

Print on
White
Cardstock

Cut on
dotted
lines

Appendix A

THE CARDS



CONSEQUENCE CARDS



Financial/legal
(Card # FL1-FL72)

Negative consequences that involve money or legal problems.



Self-Concept
(Card # SE1-SE72)

Negative consequences that affect the way you think about yourself.



Social
(Card # SO1-SO72)

Negative consequences that affect your family, friends, children, and significant other.



Chance
(Card # CH1-CH72)

Good and bad things that can happen by chance.




Health/Sanity
(Card # HS1-HS72)

Negative consequences that affect your health or sanity (or both).

OPPORTUNITY CARD

Opportunity Card
(One card only)

Opportunity to learn something (and earn back points) from the negative consequences of the downward spiral.




OUTCOME CARDS

(These cards end the game for better or for worse – usually for worse).


Death Cards
(Card # DE1-DE6)

Substance abuse leads to death or worse – end of the game, you lose.



Recovery Card
(One card only)

Your one chance to get out of the downward spiral of substance abuse.



This manual was developed as part of the National Institute on Drug Abuse (NIDA) Grant DA08608, *Cognitive Enhancements for the Treatment of Probationers (CETOP)*.

The ***Downward Spiral: The Game You Really Don't Want to Play*** instructional manual and all related game materials in the appendices (including cards, score sheets, play money, and other templates) may be used freely for nonprofit personal, educational, research, and /or information purposes only. Permission is hereby granted to reproduce and distribute copies of content material (unless otherwise noted) for nonprofit educational and nonprofit library purposes, provided that copies are distributed at or below costs and that credit for author, source, and copyright are included on each copy. No part of this material may be copied, downloaded, stored in a retrieval system, or redistributed for any *commercial* purpose without the expressed written permission of Texas Christian University.

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