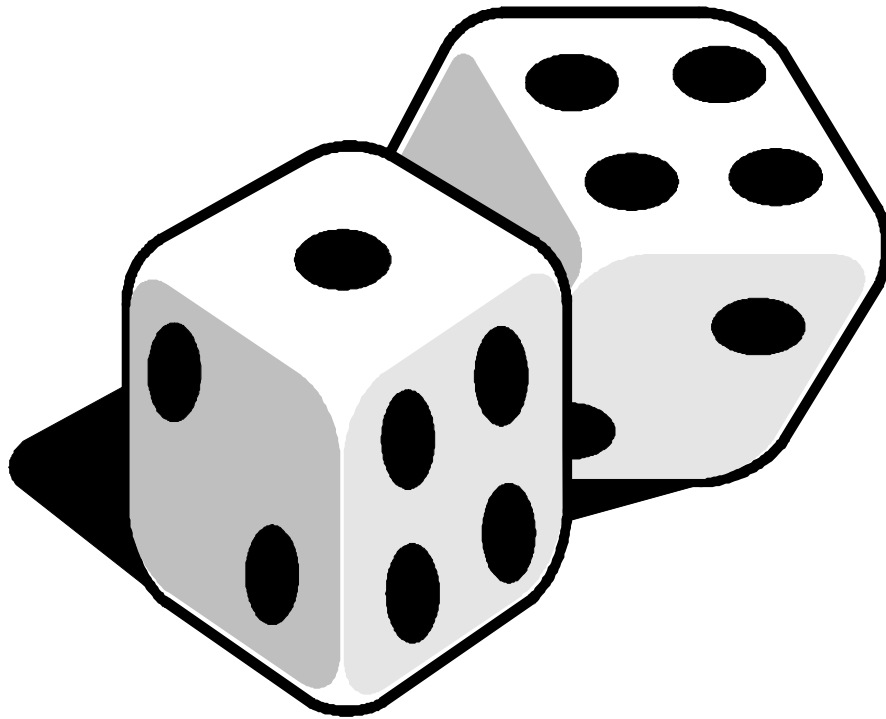


CHANCE CARDS

(Print on Orange cardstock.)

There's good luck and bad luck. The chance cards represent random good or bad events that could happen to a person regardless of the amount of substance abuse in his or her life.

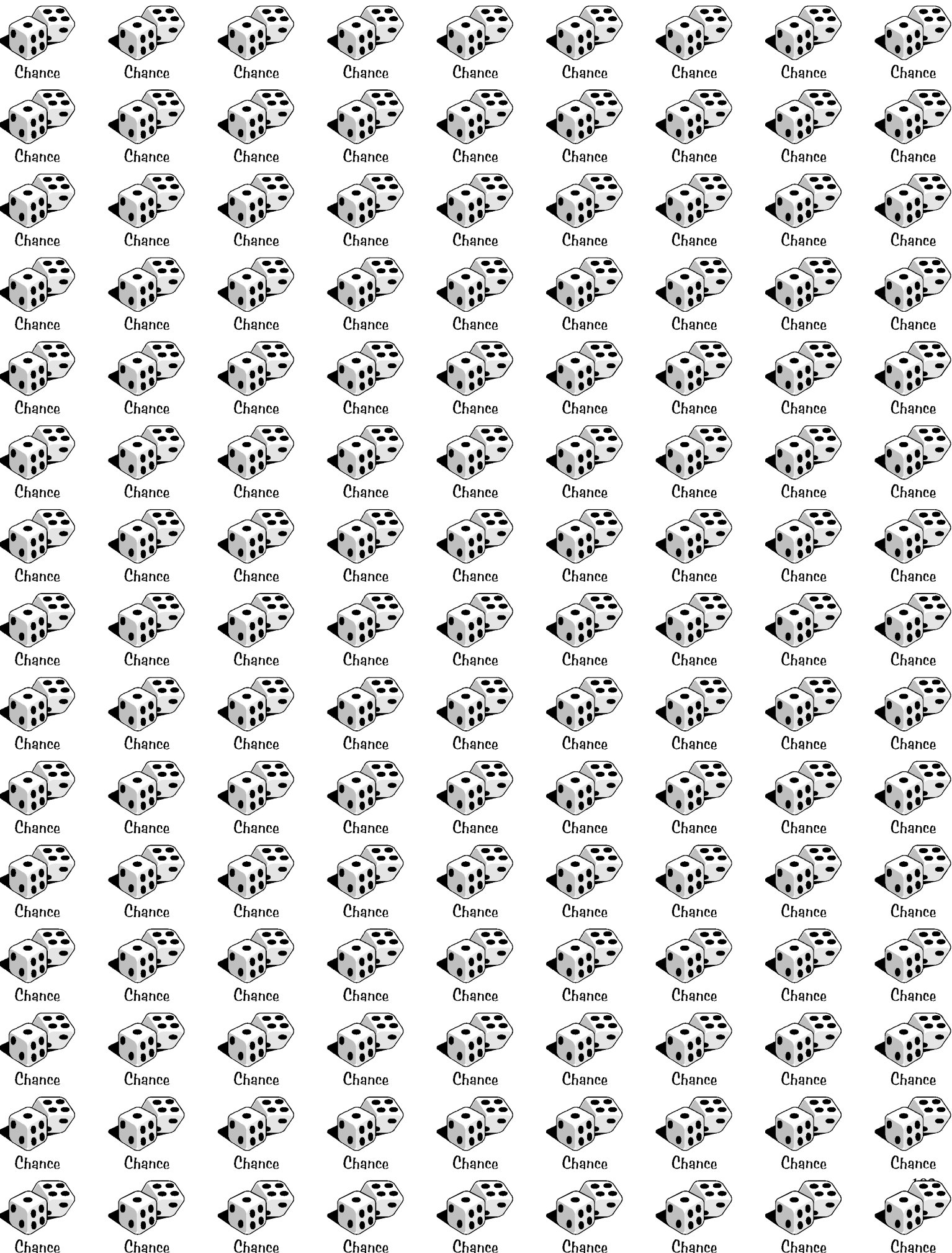


*Just remember
Lady Luck is fickle.*

Chance Card Index

Positive cards: (odd numbered cards)

Negative or Neutral cards: ... (even numbered cards)



You win a celebrity look-alike contest.

You give a raffle ticket to a friend. It turns out to be the winning ticket and he or she gets \$500.

Collect \$400.

Pick one person (other than yourself) to get the \$500 Prize.

Proverb

All that glitters is not gold.

Quote

*See how fate their gifts allot,
For A is happy - B is not,
Yet B is worthy, I daresay
Of more prosperity than A.*

*W.S. Gilbert (1836-1911)
English songwriter*

CH1

CH2

You get 4 numbers right in the state lotto.

JINX CARD

Collect \$200.

Your next consequence is doubled.

Quote

Chance is the one thing you can't buy.

*Robert Dolsneau (b. 1912)
French photographer*

Proverb

*If it weren't for bad luck,
I'd have no luck at all.*

CH-3

CH4

Print on
Orange
Cardstock

Cut on
dotted
lines

You find someone's wallet and return it to him. He gives you a reward.

You lose your wallet.

Collect \$50.

Lose all the cash you currently have.

Quote

Honesty is the best policy.

*Miguel De Cervantes (1547-1616)
Spanish writer*

CH5

Quote

***Anything that can go wrong
will go wrong.***

*Edward E Murphy (b. 1925)
Engineer*

CH6

You win a new television set.

**One thing seems to be happening after
another.**

Add another television set to your
possession list (cash value is the same
as your old TV.)

You get an extra turn. Roll again!

Proverb

Never look a gift horse in the mouth.

CH7

Quote

Ill luck, you know seldom comes alone.

*Miguel De Cervantes (1547-1616)
Spanish writer*

CH8

Print on
Orange
Cardstock

Cut on
dotted
lines

You once said, "A person would have to be pretty stupid to overdose and if they were that stupid then they couldn't matter much anyway." A friend then reminded you of some of the famous people who have died from substance abuse (Jimi Hendrix, Janis Joplin, Jim Morrison, Ernest Hemmingway, Bonn Scott, John Belushi, River Phoenix, and many others.)

If you can name a famous individual that died of substance abuse that isn't named on this card, then this card can be used as a safe card. It may be used to keep one consequence from happening in the future.

Quote

Past hope, past cure, past help.

*William Shakespeare (1564-1616)
English writer*

CH9

**There is a big thunderstorm.
A tree falls on your car.**

Cross your car off your possessions list.

Quote

***A man said to the universe:
"Sir, I exist!"
"However," replied the universe,
"the fact has not created in me a sense
of obligation."***

*Stephen Crane (1871-1900)
Writer*

CH10

An old friend of yours suddenly comes back into your life.

Gain 4 friends points.

You get a flat tire.

Pay \$60 to get it fixed.

Quote

No man is useless while he has a friend.

*Robert Louis Stevenson (1850-1894)
Scottish writer*

CH11

Quote

In short, luck is always to blame.

*Jean De La Fontaine (1621-1695)
French poet*

CH12

Print on
Orange
Cardstock

Cut on
dotted
lines

You have been worried about the negative effects of using or mixing drugs. You stop mixing and cut way back on how much drugs you are doing.

You slip on a banana peel and sprain your ankle.

Your next consequence affects you half as much.

Lose 3 health points.

Quote

When written in Chinese, the word "crisis" is composed of two characters—one represents danger and the other opportunity.

*John F. Kennedy (1917-1963)
U. S. President*

CH13

Quote

Life is a jest, and all things show it, I thought so once and now I know it.

*John Gay (1688-1732)
English poet*

CH14

You send out Christmas cards to all your friends and relatives.

A lightning bolt strikes your home destroying anything that was plugged in.

Earn 2 friends points.

Earn 2 family points.

Cross your computer, TV/VCR, and your stereo off your score sheet.

Quote

Sir, a man should keep his friendship in constant repair.

*Dr. Samuel Johnson (1709-1784)
Essayist*

CH15

Fact

The odds of being struck by lightning on any given day are 1 in 250 million.

CH16

Print on
Orange
Cardstock

Cut on
dotted
lines

You have seen so many people lose their battle with drugs that you think it is probably hopeless. A friend points out that people like Betty Ford, Ozzy Osbourne, Elton John, Robin Williams, Eric Clapton, and Alice Cooper all successfully recovered.

If you can name a famous individual that recovered from substance abuse that isn't named on this card, then this card can be used as a safe card. It may be used to keep one consequence from happening in the future.

Quote

While there is life, there is hope.

*Terence (190-159 BC)
Roman author*

CH17

A waitress dumps a milkshake on your best clothes right before an important meeting. You are very embarrassed since the stain won't come off.

Lose 2 self-confidence points.

Quote

Life is simply one damn thing after another.

*Attributed to Elbert Hubbard (1856-1915)
American writer and editor*

CH18

You need a break!

Skip your next turn and avoid some potentially grim consequences.

Quote

Tomorrow we'll discover what our God in heaven has in store. One more dawn, one more day, one day more.

*Herbert Kretzner
Songwriter*

CH19

Even though you aren't so well off yourself, you know you are doing better than the homeless people you see on the street. You donate one of your possessions to charity.

Cross one of your possessions off your score sheet.

Gain 2 personal accomplishment points.

Quote

But for the grace of God, there go I.

*Attributed to Orson Welles (1915-1985)
U.S. film director*

CH20

Print on
Orange
Cardstock

Cut on
dotted
lines

The IRS finds an error on your tax return. They owe you \$360.

Collect \$360.

Proverb

Miracles do happen.

CH21

You were bored and threw rocks at a hornet's nest. You were stung 37 times.

Lose 4 physical points.

Quote

Those who'll play with cats must expect to be scratched

*Miguel De Cervantes (1547-1616)
Spanish writer*

CH22

You keep a friend from shooting up.

Gain 4 friends points.

Gain 2 personal accomplishment points.

Proverb

It is never too late to mend.

CH23

You find someone's wallet, but since there is no cash in it you throw it away. You later discover that there was a \$500 reward for returning the wallet and the pictures it contained.

Lose 1 thinking/judgment point.

Lose 2 personal accomplishment points.

Proverb

Wisdom and virtue are like the two wheels of a cart.

CH24

Print on
Orange
Cardstock

Cut on
dotted
lines

You call in the correct answer on a radio show trivia contest.

Add \$20 dollars worth of CDs to your possession list.

Proverb

No knowledge is wasted.

CH25

An asteroid hits your house. Luckily, it only destroys your TV and VCR.

Cross off your TV/VCR from your possession list.

Proverb

When God throws, the dice are loaded.

CH26

You become a big brother/sister to a disadvantaged child. You hope you can make a difference so that the child won't make the same mistakes that you did.

Gain 2 personal accomplishment points.

Gain 2 friends points.

Quote

There are only two families in the world, the haves and the have-nots.

*Miguel De Cervantes (1547-1616)
Spanish writer*

CH27

You get pulled over for speeding again.

Pay \$130 fine.

Proverb

*Commit a sin thrice
and you will think it allowable.*

CH28

Print on
Orange
Cardstock

Cut on
dotted
lines

While cleaning out a closet you find a packrat's nest. The nest is filled with jewelry and loose change worth \$50.

Collect \$50.

Proverb

Finder! Keepers!

CH29

A rock flung off a gravel truck breaks the windshield of your car.

Pay \$200 dollars to replace it.

Quote

Whether it is nobler in the mind to suffer the slings and arrows of outrageous fortune.

*William Shakespeare (1564-1616)
English writer*

CH30

You remember Mother's Day and get your mom flowers.

Gain 2 family points.

Quote

There is no way I can pay you back but the plan is to show you that I understand. You are appreciated. Don't you know I love you, dear lady?

*Tupac Shakur (1971-1996)
American rapper*

CH31

Your employer downsizes. Through no fault of your own you lose your current job and go on unemployment.

You now collect \$100 dollars when you pass the pay square. If you roll three of a kind you get back a regular job.

Quote

Thanks for nothing.

*Miguel De Cervantes (1547-1616)
Spanish writer*

CH32

Print on
Orange
Cardstock

Cut on
dotted
lines

You remember Father's Day and send a card.

Gain 2 family points.

Quote

Blessed indeed is that man who hears many gentle voices call him father.

Lydia M. Child (1802-1880)
American author

CH33

While targeting your newly washed car a bird gets you instead.

Lose 2 self-confidence points.

Quote

***Taken as a whole,
The universe is absurd.***

Walter Bagshot (1826-1877)
Author

CH34

Your family forces you into rehabilitation against your will. They say it is for your own good and they are only doing it because they love you. Once there, you feel like hell. After you have been sober for a month you realize you feel real good and are glad that your family loves you.

Gain 2 family points.

Gain 2 physical points.

Quote

***And remember the truth
that once was spoken:
To love another person
is to see the face of God.***

Herbert Kretzmer
Songwriter

CH35

You get abducted by aliens and are experimented on. When you tell your friends, they all think you are crazy. No one believes you and sometimes you don't believe yourself.

Lose 2 emotions/sanity points.

Lose 2 self-confidence points.

Quote

The thing I would dread most would be your adopting a common sense attitude, that you could take for granted that I was deluded.

Ludwig Wittgenstein (1889-1951)
Philosopher

CH36

Print on
Orange
Cardstock

Cut on
dotted
lines

You talk to high school students about the dangers of alcohol and drugs.

Gain 2 personal satisfaction points.

Gain 2 self-confidence points.

Quote

Experience is not what happens to you; it is what you do with what happens to you.

*Aldous Huxley (1894-1903)
British novelist*

CH37

There was a freak snowstorm. You got snowed in for two weeks and couldn't get to work.

Don't collect \$200 the next time you pass the pay square.

Quote

A wise man will make more opportunities than he finds.

*Francis Bacon (1561-1626)
Artist*

CH38

You meet a friend who has cleaned up his act and he wants to help you.

Gain 3 friends points.

Quote

The friend is the man who knows all about you and still likes you.

*Elbert Hubbard (1856-1915)
American author/editor*

CH39

There is a big storm and hailstones, the size of baseballs, come down. The hailstorm damages your car.

Pay \$250 to fix your car or subtract \$250 off the value of your car.

Quote

The universe is not hostile, Nor is it friendly. It is.

*John Haynes Holmes (1879-1964)
Author*

CH40

Print on
Orange
Cardstock

Cut on
dotted
lines

You win a prize in a sweepstakes.

Roll a die to determine what you win. Then add the prize to your possession list.

If you roll a:	then you win:
1	<u>a car worth \$6,000.</u>
2	<u>a stereo worth \$200.</u>
3	<u>a camera worth \$50.</u>
4	<u>a new suit worth \$200.</u>
5	<u>a fish worth \$3.</u>
6	<u>a hammer worth \$15.</u>

Quote

Luck never made a man wise.

*Lucius Annaeus Seneca (8 BC-65 AD)
Roman philosopher*

CH41

A neighbor suspends a radio on a string down your chimney as a joke. You start hearing voices and you can't figure out where they are coming from. After two weeks you are beginning to think you are insane, when you finally find the radio.

Lose 3 emotions/sanity points.

Lose 2 self-confidence points.

Quote

Insane people are always sure they're just fine. It's only the sane people who are willing to admit they're crazy.

*Nora Ephron (b.1941)
Author/Filmmaker*

CH42

SAFE CARD

Use this card to avoid one consequence in the future and then return it to the deck.

You accidentally hit a skunk. Your car smells awful and all your friends and even random strangers are teasing you about the stench.

Lose 3 self-confidence points.

Proverb

The calm before the storm.

CH43

Quote

It is not the criminal things that are hard to confess, but the ridiculous.

*Jean Jacques Rousseau (1712-1778)
French philosopher*

CH44

Print on
Orange
Cardstock

Cut on
dotted
lines

You find a dog running around in the road. You get it out of the road, keep it safe and use the number on its collar to get in touch with the owner. He is so grateful to have his beloved pooch back that he gives you a \$100 reward.

Collect \$100.

Quote

The reward of a thing well done is to have done it.

*Ralph Waldo Emerson (1803-1882)
Poet*

CH45

A tornado hits your house while you are at work. The house is devastated. Miraculously, one of your favorite possessions is unharmed.

Lose all your possessions except your car (it was at work with you) and 1 possession that you choose.

Quote

Though you drive nature with a pitchfork, she always returns.

*Horace (65-8 BC)
Roman poet*

CH46

You wrote a story on the dangers of drug abuse and mail it into a newspaper.

They pay you \$100 and print the story.

Gain 2 personal accomplishment points.

Quote

A wise man turns chance into good fortune.

*Thomas Fuller (1608-1661)
English clergyman*

CH47

The elevator gets stuck with you aboard. You miss half a day at work with nothing to do but listen to the elevator music. Now you can't get the song "You Light Up My Life" out of your head.

Lose 2 emotion/sanity points.

Collect only \$150 the next time you pass the pay square.

Proverb

Time is money.

CH48

Print on
Orange
Cardstock

Cut on
dotted
lines

An old friend comes into your life to thank you for the help you gave him. He said it changed his life for the better.

Gain 4 friend points.

Gain 2 self-confidence points.

Quote

Without friends no one would choose to live, though he had all other goods.

*Aristotle (384-322 BC)
Greek philosopher*

CH49

Your paycheck gets lost in the mail and you can't pay your bills on time.

Pay \$20 in late fees.

Proverb

Better late than never.

CH50

You see a man on the street suddenly grab his chest and fall over. You call an ambulance and stay with him till help gets there. He is the head of a successful company and is so grateful to you for your help that he gets you a new job that pays twice the salary of your old job.

Collect \$400 every time you pass the \$ squares instead of \$200.

Quote

There is no hope of joy except in human relations.

*Antoine de Saint-Exupery (1900-1944)
Author*

CH51

You win free skydiving tickets. You are so excited and nervous that you don't pay much attention to the teacher's directions and you break your arm during the landing.

Lose 2 health points.

Gain 1 personal accomplishment point.

Quote

Nine-tenths of wisdom is being wise in time.

*Theodore Roosevelt (1858-1919)
U.S. President*

CH52

Print on
Orange
Cardstock

Cut on
dotted
lines

You decide to volunteer your time at a local homeless shelter. It keeps you busy and you feel like you are finally doing some good in the world.

A squirrel jumps out of a tree and bites you on the ear. You have to get rabies shots.

Gain 4 personal accomplishment points.

Pay \$100 for medical treatment.

Quote

The busy bee has no time for sorrows.

*William Blake (1757-1827)
English poet*

Proverb

Even the worm will turn.

CH53

CH54

Test your memory

If you can remember what drug(s) John Belushi, Jim Morrison or Jimi Hendrix overdosed on, you can earn back points anywhere on your score sheet. One point for each correct answer with 3 points possible.

You are having a really bad day and everything seems to be going wrong, so you are making the people around you miserable.

Your next consequence is doubled and so are the next consequences for the people on either side of you.

Quote

Those who cannot remember the past are condemned to repeat it.

*George Santayana (1863-1952)
Philosopher*

Proverb

Misery loves company.

CH55

CH56

Print on
Orange
Cardstock

Cut on
dotted
lines

You refuse to sell drugs to a young kid even though you can use the money.

Gain 4 personal accomplishment points.

Proverb

If you can do no good, at least do no ill.

CH57

A person is tailgating you and he runs into your car and damages it. You lose your temper and attack him when he blames the accident on you. You are arrested for assault.

Pay \$100 to fix your car. If you do not have the money, subtract it off the worth of your car.

Go to Jail!!

Quote

Some people are so fond of ill-luck that they run half-way to meet it.

*Douglas Jerrold (1803-1857)
English playwright*

CH58

You are having a really bad day when a complete stranger comes up and asks you for directions. You don't feel like talking to anyone, but you know it's not fair to take it out on others so you give him the directions. A few days later you run into him again and he gives you a \$50 gift certificate as thanks.

Collect \$50.

Quote

*Of cheerfulness, or good temper—
the more it is spent,
the more of it remains.*

*Ralph Waldo Emerson (1803-1882)
Poet*

CH59

You find the winning lotto ticket but then a gust of wind blows it out of your hand and you can't find it again. You are angry and depressed for days.

Lose 2 emotions/sanity points.

Quote

You can't lose what you never had.

*Izaak Walton (1593-1683)
Author*

CH60

Print on
Orange
Cardstock

Cut on
dotted
lines

A long lost uncle remembers you in his will.

Collect \$2,000.

Quote

Savings are a very fine thing. Especially when your parents have done it for you.

*Attributed to Sir Winston Churchill (1874-1965)
English Prime Minister*

CH61

You get food poisoning.

Lose 2 health points.

Quote

Life is a bag of snakes; you don't know which ones are poisonous until they bite you.

Anonymous

CH62

You stay sober for 1 week.

Gain 2 physical points.

Gain 2 personal accomplishment points.

Quote

A journey of a thousand miles must begin with a single step.

*Lao Tzu (6th century)
Chinese philosopher*

CH63

You make a big mistake at work and are worried that your boss will think less of you if you report it.

Lose 2 self-confidence points.

Quote

Mistakes are a fact of life. It is the response that counts.

*Nikki Giovanni (b. 1943)
U.S. poet*

CH64

Print on
Orange
Cardstock

Cut on
dotted
lines

An old friend of yours is now the head of a successful business. He offers you a better job.

Collect \$300 whenever you pass the pay square.
If you lose your job, you can't get this job with the higher wage back.

Proverb

A friend in need is a friend indeed.

CH65

Your father decides that the only way that you are going to get your life under control is to work for him. The pay is less (\$125 every time you pass pay square) but at least you will always have a job. So should you take him up on his offer? Roll the dice.

If you roll :	Then:
1,2,3	you decide to work for your dad. You gain 4 family points and you can't lose your job unless you lose all your family points.
4,5,6	you decide that you want to keep your regular job and your current lifestyle. Lose 3 family points.

Quote

Growth is the only evidence of life.

Cardinal John Henry Newman (1801-1890)
British churchman

CH66

You find \$30 dollars in the pocket of one of your old coats.

Collect \$30.

Quote

The man is richest whose pleasures are the cheapest.

Henry David Thoreau (1817-1862)
Author

CH67

You throw out some junk from your closet. A neighbor finds it and later tells you that they sold it for \$100.

Give \$100 to one of the other players in the game.
If you don't have \$100 dollars sell one of your possessions to raise the money.

Quote

Man is not a creature of circumstances. Circumstances are the creatures of the man.

Benjamin Disraeli (1804-1881)
British statesman

CH68

Print on Orange Cardstock

Cut on dotted lines

A friend drags you to an AA meeting. You go to the next meeting voluntarily and make a commitment to yourself that you will try to clean up your act.

Roll one die to see how long you keep this commitment. The number you roll determines how many damage points you get to take off your score sheet.

Quote

A friend loveth at all times, and a brother is born for adversity.

*The Bible
Proverbs 17:17*

CH69

You get audited. There was an error made on your taxes and you now owe the IRS \$200.

Pay \$200.

Proverb

Two things in life you can't avoid are death and taxes.

CH70

For once, you spend the money you borrowed from friends on food (rather than drugs).

Your life's on hold.

Miss the next two turns.

Gain 4 thinking/judgment points.

Quote

None will improve your lot, if you, yourself, do not.

*Bertolt Brecht (1898-1956)
Playwright*

CH71

Quote

Killing time or killing yourself amount to the same thing, strictly speaking.

*Elsa Triolet (1896-1970)
Writer*

CH72

Print on
Orange
Cardstock

Cut on
dotted
lines

Appendix A

THE CARDS



CONSEQUENCE CARDS



Financial/legal
(Card # FL1-FL72)

Negative consequences that involve money or legal problems.



Self-Concept
(Card # SE1-SE72)

Negative consequences that affect the way you think about yourself.



Social
(Card # SO1-SO72)

Negative consequences that affect your family, friends, children, and significant other.



Chance
(Card # CH1-CH72)

Good and bad things that can happen by chance.




Health/Sanity
(Card # HS1-HS72)

Negative consequences that affect your health or sanity (or both).

OPPORTUNITY CARD

Opportunity Card
(One card only)

Opportunity to learn something (and earn back points) from the negative consequences of the downward spiral.




OUTCOME CARDS

(These cards end the game for better or for worse – usually for worse).


Death Cards
(Card # DE1-DE6)

Substance abuse leads to death or worse – end of the game, you lose.



Recovery Card
(One card only)

Your one chance to get out of the downward spiral of substance abuse.



This manual was developed as part of the National Institute on Drug Abuse (NIDA) Grant DA08608, *Cognitive Enhancements for the Treatment of Probationers (CETOP)*.

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