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Institute of Behavioral Research
Texas Christian University
TCU Box 298740
Fort Worth, TX 76129

(817) 257-7226
FAX 257-7290
E-Mail IBR@TCU.EDU
Web site: www.ibr.tcu.edu

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Step 12 maps

Having had a spiritual awakening
as the result of these steps, we
tried to carry this message to
fellow sufferers of

_____ (the problem area),
and to practice these principles in
all our affairs.



STEP 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to fellow sufferers of _____ and to practice these principles in all our affairs.

Having had

SPIRITUAL AWAKENING

as the result of these steps, we tried to

↓ Def

This is what spiritual awakening means to me.

1

CARRY THIS MESSAGE

to fellow sufferers of

_____ (my problem area)

↓ Def

This is what carry this message means to me.

Def

This is what fellow sufferers of _____ means to me.

2

and to

PRACTICE THESE PRINCIPLES

↓ Def

This is what practice these principles means to me.

in

ALL OUR AFFAIRS.

Def

This is what all our affairs means to me.

4

Def = Definition

5

STEP 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to fellow sufferers of _____, and to practice these principles in all our affairs.
(my problem area)

Having had a spiritual awakening as the result of these steps,

Def

This is what this phrase means to me.

Ex

These are parts of a spiritual awakening.

Ex

This is a picture of how it feels to be spiritually awakened.
(Draw or describe.)

Def = Definition Ex = Example

STEP 12. Having had a spiritual awakening as the result of these steps, **we tried to carry this message to fellow sufferers of** _____, and to practice these principles in all our affairs.

(my problem area)

We tried to carry this message to fellow sufferers of _____.

(This is my problem area)

Def

This is what this phrase means to me.

This is an example of how I can carry the message to fellow sufferers of _____.

Ex

Ex

This is a picture of how it feels to carry the message to fellow sufferers of _____
(Draw or describe.)

Def = Definition Ex = Example

STEP 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to fellow sufferers of _____, **and to practice these principles in all our affairs.**

problem area)

to practice these principles in all our affairs.

Def

This is what this phrase means to me.

1

Ex

These are examples of how I can practice these principles in all my affairs.

2

Ex

This is a picture of how it will feel to practice these principles in all my affairs.
(Draw or describe.)

3

Def = Definition Ex = Example

STEP 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to fellow sufferers of _____, and to practice these principles in all our affairs.

(my problem area)

Def

This is how I would say this step
in my own words.

1

This is how I will do this step.

2

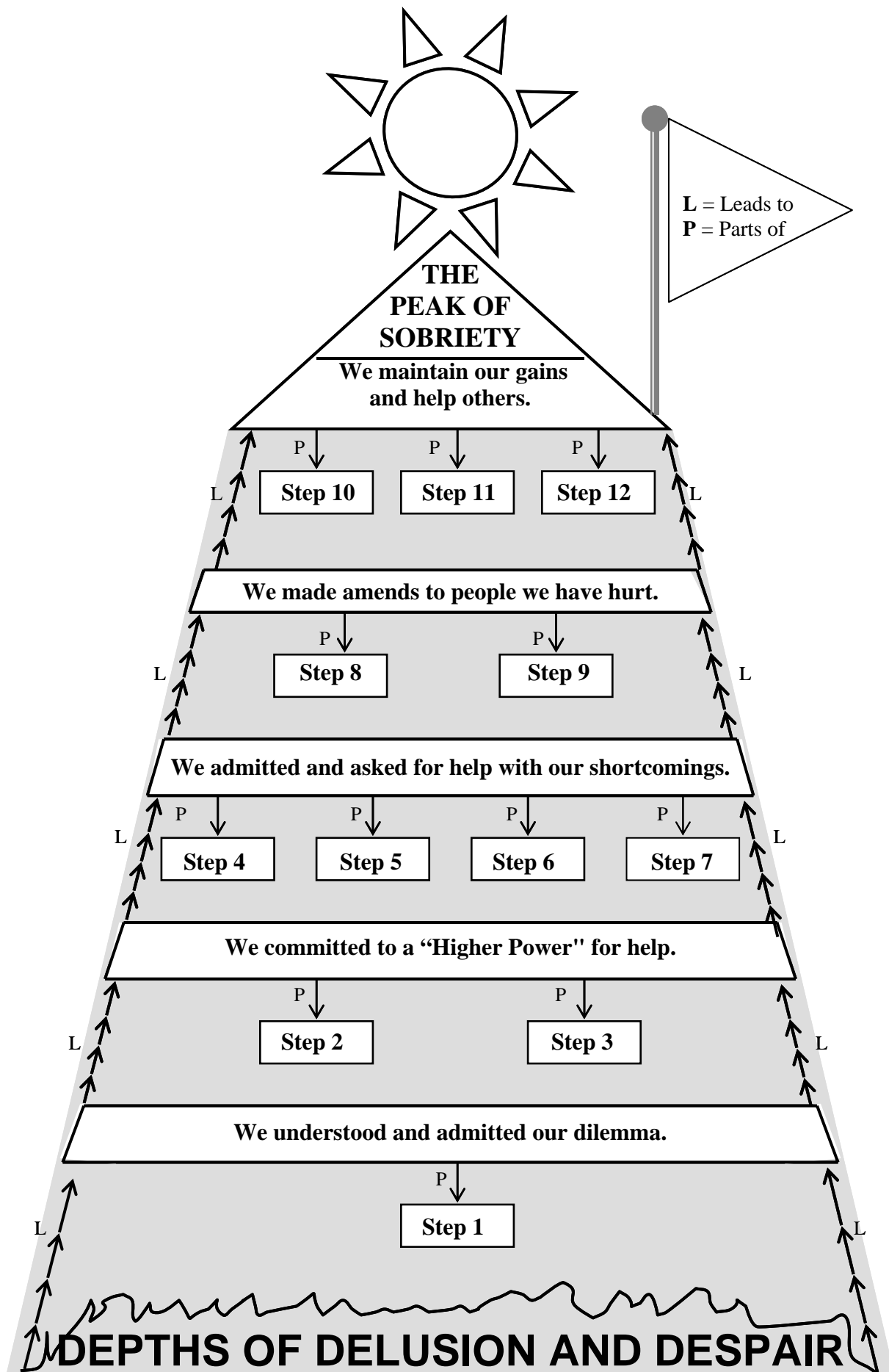
This is a picture of how I will feel
doing this step.
(Draw or describe.)

3

L

L

Def = Definition L = Leads to



Discussion Topics for the *Twelve Steps* Maps

Discussions about completed maps can consolidate the information and insights gained from this process. We have included here some general questions that could follow each set of Step maps, as well as some specific questions about each of the *Twelve Steps*. The format of the discussion is up to you; these are just a few ideas.

General Questions:

- How did doing these maps make you feel?
- Does doing the maps help you accomplish the Step? What do you need to do in addition to accomplish the Step?
- Share any new insights you have gained on the meaning or use of this Step or the *Twelve Steps*, in general.
- How can I use what I have learned to work on the Steps?

Specific Questions about the *Twelve Steps*:

Step 1 Questions:

- What are other situations in your life that have made you feel powerless?
- What have you done to deal with them?
- Would the *Twelve Steps* help in these situations?

Specific Questions about the *Twelve Steps* (cont.):

Step 2 Questions:

- Does a “power greater than ourselves” have to mean the same thing to you as it does to the person sitting next to you?
- Does this mean you are not responsible for your own sanity? Or are you responsible for your own sanity?

Step 3 Questions:

- Since this is a big decision, think of other big decisions in your life and how you dealt with them. How is this decision similar? How is this decision different?
- How are you going to know when you have really made this decision?
- What will you do differently?

Step 4 Questions:

- How has the word “moral” been used in your life up to now?
- Is it hard to think of the bad things about yourself? How about the good things?
- How will I know when my moral inventory is done? How will I know if it is accurate?

Step 5 Questions:

- What things are you worried about if you admit things? To yourself? To God? To another person?
- Who is it more difficult to admit things to? Why?

Specific Questions about the *Twelve Steps* (cont.):

Step 6 Questions:

- Why do you need God to remove your defects?
- Are you entirely ready to have all your defects removed?

Step 7 Questions:

- Why do you need to ask “humbly”? How does this make you feel?

Step 8 Questions:

- Do you really feel like you have harmed others? Or do you feel it was not your fault?
- Can you become willing to make amends to people you have harmed even if you don't like them or they have treated you badly?

Step 9 Questions:

- Does making amends mean you have to be forgiven? What if some of the people you make amends to won't forgive you?
- How can you tell if making amends will harm someone?

Step 10 Questions:

- Does this mean you have to monitor yourself all the time? Is this going to take the fun out of life?
- Who should you admit it to when you are wrong? Yourself? God? The person involved?

Specific Questions about the *Twelve Steps* (cont.):

Step 11 Questions:

- Do you know how to pray? Do you know how to meditate? If not, how can you learn?
- How can you separate His will from your will?

Step 12 Questions:

- How can I carry the message to fellow sufferers?
- Can you see yourself as a sponsor for somebody else? What kind of sponsor would you be? What kind of sponsor would you like to be?