

B. COUNSELING FOCUS: Circle the answer that shows how much you agree or disagree with each item as a description of your counseling activities with this client during the last month.

	<u>DISAGREE</u>			NOT	<u>AGREE</u>			
	<u>STRONGLY</u>			<u>SURE</u>			<u>STRONGLY</u>	
1. Responding to crises.	1	2	3	4	5	6	7	[46]
2. Discussing occupational issues.	1	2	3	4	5	6	7	[47]
3. Establishing trust & rapport.	1	2	3	4	5	6	7	[48]
4. Discussing family issues.	1	2	3	4	5	6	7	[49]
5. Exploring feelings.	1	2	3	4	5	6	7	[50]
6. Making new friends.	1	2	3	4	5	6	7	[51]
7. Improving communication skills.	1	2	3	4	5	6	7	[52]
8. Negotiating & resolving conflicts.	1	2	3	4	5	6	7	[53]
9. Improving family relations.	1	2	3	4	5	6	7	[54]
10. Reducing denial.	1	2	3	4	5	6	7	[55]
11. Confronting.	1	2	3	4	5	6	7	[56]
12. Improving objectivity.	1	2	3	4	5	6	7	[57]
13. Assuming appropriate responsibility.	1	2	3	4	5	6	7	[58]
14. Defining long-range goals.	1	2	3	4	5	6	7	[59]
15. Specifying short-term objectives.	1	2	3	4	5	6	7	[60]
16. Developing coping plans & strategies.	1	2	3	4	5	6	7	[61]
17. Defining personal boundaries.	1	2	3	4	5	6	7	[62]
18. Improving self-esteem.	1	2	3	4	5	6	7	[63]
19. Building confidence.	1	2	3	4	5	6	7	[64]
20. Praising and encouraging.	1	2	3	4	5	6	7	[65]
21. Developing problem-solving skills.	1	2	3	4	5	6	7	[66]
22. Managing finances.	1	2	3	4	5	6	7	[67]
23. Discussing relapse situations and "triggers."	1	2	3	4	5	6	7	[68]