



**B. COUNSELING FOCUS: Circle the answer that shows how much you agree or disagree with each item as a description of your counseling activities with this client.**

	DISAGREE			NOT	AGREE			
	STRONGLY			SURE			STRONGLY	
1. Responding to crises. ....	1	2	3	4	5	6	7	[13]
2. Discussing occupational issues. ....	1	2	3	4	5	6	7	[14]
3. Establishing trust & rapport. ....	1	2	3	4	5	6	7	[15]
4. Discussing family issues. ....	1	2	3	4	5	6	7	[16]
5. Exploring feelings. ....	1	2	3	4	5	6	7	[17]
6. Making new friends. ....	1	2	3	4	5	6	7	[18]
7. Improving communication skills. ....	1	2	3	4	5	6	7	[19]
8. Negotiating & resolving conflicts. ....	1	2	3	4	5	6	7	[20]
9. Improving family relations. ....	1	2	3	4	5	6	7	[21]
10. Reducing denial. ....	1	2	3	4	5	6	7	[22]
11. Confronting. ....	1	2	3	4	5	6	7	[23]
12. Improving objectivity. ....	1	2	3	4	5	6	7	[24]
13. Assuming appropriate responsibility. ....	1	2	3	4	5	6	7	[25]
14. Defining long-range goals. ....	1	2	3	4	5	6	7	[26]
15. Specifying short-term objectives. ....	1	2	3	4	5	6	7	[27]
16. Developing coping plans & strategies. ....	1	2	3	4	5	6	7	[28]
17. Defining personal boundaries. ....	1	2	3	4	5	6	7	[29]
18. Improving self-esteem. ....	1	2	3	4	5	6	7	[30]
19. Building confidence. ....	1	2	3	4	5	6	7	[31]
20. Praising and encouraging. ....	1	2	3	4	5	6	7	[32]
21. Developing problem-solving skills. ....	1	2	3	4	5	6	7	[33]
22. Managing finances. ....	1	2	3	4	5	6	7	[34]
23. Discussing relapse situations and "triggers." ....	1	2	3	4	5	6	7	[35]

**End of Form**