TCU PSYFORM

Please indicate how much you AGREE or DISAGREE with each statement.

1. You have trouble sleeping. ........................ o (1)  (2) (3) (4) (5)
2. You have much to be proud of. .................. o (1)  (2) (3) (4) (5)
3. You consider how your actions will affect others. .......................................................... o (1)  (2) (3) (4) (5)
4. You plan ahead. ........................................ o (1)  (2) (3) (4) (5)
5. You feel interested in life. ........................... o (1)  (2) (3) (4) (5)
6. You feel like a failure. ................................ o (1)  (2) (3) (4) (5)
7. You have trouble concentrating or remembering things. .................................................... o (1)  (2) (3) (4) (5)
8. You feel afraid of certain things, like elevators, crowds, or going out alone. ........ o (1)  (2) (3) (4) (5)
9. You feel anxious or nervous. ....................... o (1)  (2) (3) (4) (5)
10. You wish you had more respect for yourself. ................................................................. o (1)  (2) (3) (4) (5)
11. You are likely to feel the need to use drugs in the next few months. ......................... o (1)  (2) (3) (4) (5)
12. You feel sad or depressed. ......................... o (1)  (2) (3) (4) (5)
13. You think about probable results of your actions. ............................................................. o (1)  (2) (3) (4) (5)
14. You feel extra tired or run down. ............... o (1)  (2) (3) (4) (5)
15. You have trouble sitting still for long. ........ o (1)  (2) (3) (4) (5)
16. You think about what causes your current problems. .................................................... o (1)  (2) (3) (4) (5)
17. You are likely to drink alcohol in the next few months. .................................................. ○ ○ ○ ○ ○
18. You think of several different ways to solve a problem. .................................................. ○ ○ ○ ○ ○
19. You feel you are basically no good. ........... ○ ○ ○ ○ ○
20. You worry or brood a lot. .......................... ○ ○ ○ ○ ○
21. You have trouble making decisions. .......... ○ ○ ○ ○ ○
22. You feel hopeless about the future. .......... ○ ○ ○ ○ ○
23. You make good decisions. ....................... ○ ○ ○ ○ ○
24. You are likely to relapse in the next few months. .................................................. ○ ○ ○ ○ ○
25. In general, you are satisfied with yourself. .................................................. ○ ○ ○ ○ ○
26. You make decisions without thinking about consequences. ........................................ ○ ○ ○ ○ ○
27. Please fill in the “Disagree” box as your response for this question. ....................... ○ ○ ○ ○ ○
28. You feel tense or keyed up. ..................... ○ ○ ○ ○ ○
29. You feel you are unimportant to others. .... ○ ○ ○ ○ ○
30. You feel tightness or tension in your muscles. .................................................. ○ ○ ○ ○ ○
31. You are likely to have problems in quitting drug use. .................................................. ○ ○ ○ ○ ○
32. You feel lonely. ...................................... ○ ○ ○ ○ ○
33. You analyze problems by looking at all the choices. .................................................. ○ ○ ○ ○ ○