

TCU MOTFORM – Treatment Needs and Motivation

Scales and Item Scoring Guide

Scoring Instructions. Items shown below from this assessment are *re-grouped by scales*, and response categories are 1=Strongly Disagree to 5=Strongly Agree. Scores for *each scale* are calculated as follows (and no more than half of the items for any scale can be missing).

1. Find and reverse the scoring for reflected items (i.e., those designated with ®) by –
 - a. subtracting the response value (1 to 5) for this item from “6”,
(e.g., if the response is “2”, the *revised* score is “4” [i.e., 6-2=4]),
2. Sum the response values of all non-missing items for each scale,
3. Divide the sum of item responses by the number of items included (yielding an average),
4. Multiply this average by 10 (in order to *rescale* the score so it ranges from 10 to 50) (e.g., an average response of “2.6” for a scale therefore becomes a score of “26”).

TREATMENT NEEDS/MOTIVATION SCALES

A. Problem Recognition (PR)

5. Your drug use is a problem for you.
8. Your drug use is more trouble than it’s worth.
10. Your drug use is causing problems with the law.
11. Your drug use is causing problems in thinking or doing your work.
16. Your drug use is causing problems with your family or friends.
20. Your drug use is causing problems in finding or keeping a job.
24. Your drug use is causing problems with your health.
28. Your drug use is making your life become worse and worse.
33. Your drug use is going to cause your death if you do not quit soon.

B. Desire For Help (DH)

1. You need help dealing with your drug use.
12. It is urgent that you find help immediately for your drug use.
13. You will give up your friends and hangouts to solve your drug problems.
22. Your life has gone out of control.
26. You are tired of the problems caused by drugs.
30. You want to get your life straightened out.

C. Treatment Readiness (TR)

2. You need to be in treatment now.
4. This treatment gives you a chance to solve your drug problems.
6. This kind of treatment program is not helpful to you. ®
18. This treatment program gives you hope for recovery.
21. You want to be in drug treatment.
25. You are ready to leave this treatment program. ®
27. You are at this treatment program only because it is required. ®
35. You are not ready for this kind of treatment program. ®

D. Pressures for Treatment (PT) Index*

3. You have family members who want you to be in treatment.
9. You are concerned about legal problems.
14. You feel a lot of pressure to be in treatment.
17. You expect to be sent to jail or prison if you are not in treatment.
29. You have serious drug-related health problems.
32. Several people close to you have serious drug problems.
34. You have legal problems that require you to be in treatment.

* Formerly labeled External Pressures

E. Treatment Needs (TN) Index

7. You need help with your emotional troubles.
15. You need individual counseling sessions.
19. You need educational or vocational training services.
23. You need group counseling sessions.
31. You need medical care and services.

F. Accuracy (Attentiveness)

36. Please fill in the “Uncertain” box as your response for this question.

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