Safer Communities: Drug Policy and Criminal Justice

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Public Health
- Reduction in relapse rates

Public Safety
- Reduction in recidivism rates

Effective Treatments
- Adherence to prescribed medications
- Adherence to recommended behavioral changes (e.g. diet, exercise, etc.)
- Relapse factors

Treatment Effectiveness

Andrews et al., 1990 (Criminal Justice and Behavior)
Delaware/Crest Program: 3-Year Re-Arrest & Drug Use Rates

<table>
<thead>
<tr>
<th>Condition</th>
<th>% with New Arrests</th>
<th>% with Drug Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Treatment (n=210)</td>
<td>71</td>
<td>95</td>
</tr>
<tr>
<td>ITC Dropout* (n=109)</td>
<td>72</td>
<td>83</td>
</tr>
<tr>
<td>ITC, but no Aftercare* (n=101)</td>
<td>45</td>
<td>65</td>
</tr>
<tr>
<td>ITC + Aftercare* (n=69)</td>
<td>31</td>
<td>65</td>
</tr>
</tbody>
</table>

* Martin, Butzin, Saum, & Inciardi, 1999, *The Prison Journal*

California/Amity Program: 3-Year Return-to-Custody Rates (%)

<table>
<thead>
<tr>
<th>Condition</th>
<th>Year 3</th>
<th>Year 2</th>
<th>Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Treatment (n=189)</td>
<td>75</td>
<td>82</td>
<td>79</td>
</tr>
<tr>
<td>ITC Dropout (n=73)</td>
<td>27</td>
<td>27</td>
<td>27</td>
</tr>
<tr>
<td>ITC, but no Aftercare* (n=154)</td>
<td>27</td>
<td>27</td>
<td>27</td>
</tr>
<tr>
<td>ITC + Aftercare* (n=162)</td>
<td>27</td>
<td>27</td>
<td>27</td>
</tr>
</tbody>
</table>

* Wieder, Melnick, Lowe, & Peters, 1999 (The Prison Journal)*

Target Higher Risk Offenders with Intensive Levels of Treatment Services

Texas/Low-Severity Group: 3-Year Return-to-Custody Rates (%)

<table>
<thead>
<tr>
<th>Condition</th>
<th>Year 3</th>
<th>Year 2</th>
<th>Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Treatment (n=45)</td>
<td>29</td>
<td>52</td>
<td>22</td>
</tr>
<tr>
<td>Aftercare Dropouts (n=21)</td>
<td>12</td>
<td>14</td>
<td>16</td>
</tr>
<tr>
<td>Aftercare Completers* (n=46)</td>
<td>14</td>
<td>16</td>
<td>18</td>
</tr>
</tbody>
</table>


Texas/High-Severity Group: 3-Year Return-to-Custody Rates (%)

<table>
<thead>
<tr>
<th>Condition</th>
<th>Year 3</th>
<th>Year 2</th>
<th>Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Treatment (n=58)</td>
<td>52</td>
<td>66</td>
<td>21</td>
</tr>
<tr>
<td>Aftercare Dropouts (n=101)</td>
<td>16</td>
<td>32</td>
<td>18</td>
</tr>
<tr>
<td>Aftercare Completers* (n=123)</td>
<td>26</td>
<td>14</td>
<td>10</td>
</tr>
</tbody>
</table>


Texas/New Offenses Only: 3-Year Return-to-Custody Rates (%)

<table>
<thead>
<tr>
<th>Condition</th>
<th>Year 3</th>
<th>Year 2</th>
<th>Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Treatment</td>
<td>19</td>
<td>22</td>
<td>6</td>
</tr>
<tr>
<td>Aftercare Dropouts</td>
<td>6</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Aftercare Completers</td>
<td>6</td>
<td>6</td>
<td>6</td>
</tr>
</tbody>
</table>

Effective treatment is a continuum based on a comprehensive set of services.

It is NOT a discrete event or program!

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TCU Treatment Model

- Readiness Training
- Early Engagement
-早期参与
- Program Participation
- Therapeutic Relationship
- Psycho-Social Change
- Sufficient Retention
- Supportive Networks

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NIDA List of “Scientifically Based Approaches”


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Treatment Services and Resources: The Way it SHOULD Be!

Simpson, 2001 (Addiction)

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Improving Treatment
(Panell III: Page 65-85 of NTP)

I. Closing the Treatment Gap
II. Reducing Stigma & Changing Attitudes
III. Improving & Strengthening Treatment Systems
IV. Connecting Services & Research
V. Addressing Workforce Issues

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Target the Entire System

Threat from Growing Economic Pressures
- Restricts “needs” criteria
- Minimizes treatment duration
- Reduces outcome accountability
- Limits “intervention” opportunities
- Shifts “aftercare” to community

Evidence-Based Treatment Model

Impact of Budget Cuts
22.2 million Americans needed treatment last year

3.3 million received treatment last year
- for 1.9 million, treatment was "self-help"