

The Alcohol and Drug Addiction Treatment and Prevention Associations'
19th Annual Legislative Breakfast
(February 26, 2004; Topeka, KS)

**Alcohol & Drug Treatment
for Offenders:
What Works**

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at Texas Christian University **IBR**

A National Research Center for addiction treatment
studies in community and correctional settings

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Spotlight...

- The IBR Website has been redesigned to streamline access and highlight integrated sets of materials – manuals, forms, findings – on selected topics listed in the new **Resource Collections**.
- New **Projects** funded by NIAAA
- Studies on "transferring research to practice" will be available on the website
- Manuals of **Self-Summaries, Newsletters, & Handouts** of Instruments
- Handouts from conference presentations listed
- Core Forms **Research Summaries** available
- Latest **Publication Abstracts**

Resource Collections

- Overview
- National Evaluations
- Correctional Evaluations
- Treatment Process
- Counseling Manuals
- Cognitive Interventions
- Organizational Functioning
- Assessment Systems

Handouts

www.ibr.tcu.edu

PowerPoint Presentations

Research Summary
Focus on Intervention Manuals for Counselors

Drug for C
(The Prison Journal)

- 1.8 million inmates – that's 461
- Drug offenses
- Approximately 1/3 of inmates
- Approximately 1/3 of inmates

Counseling Manuals for Special Interventions

Psychoeducational and Skills Training Manuals

These manuals are designed to help enhance the skills, social skills, and health care development skills and counseling skills for inmates and men, women, and children involved in the criminal justice system. The manuals are designed to be used by counselors and other professionals who work with inmates and men, women, and children involved in the criminal justice system.

Foundations –

- Is treatment effective?
- How does it work?
- Can we improve it?

Science to Services

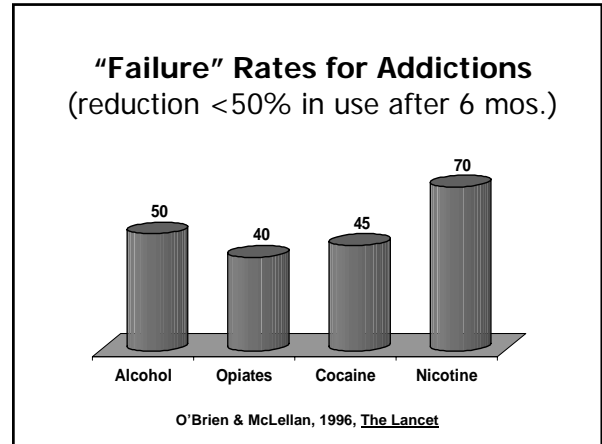
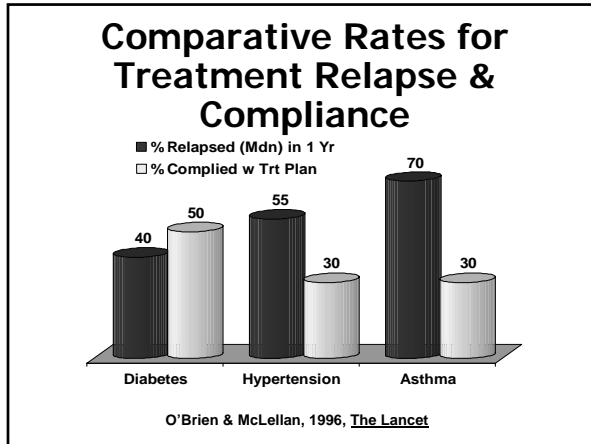
What is addiction?

A *chronic* but *treatable* condition

("relapses" are common -- like other health problems)

**Genetic Component:
Heritability Estimates**

Eye Color	1.00
Asthma (adult only)	.35 - .70
Diabetes Type I	.70 - .95 (males)
Diabetes Type II	.30 - .50 (males)
Hypertension	.25 - .50 (males)
Alcohol (dependence)	.40 - .60
Opiate (dependence)	.35 - .50 (males)



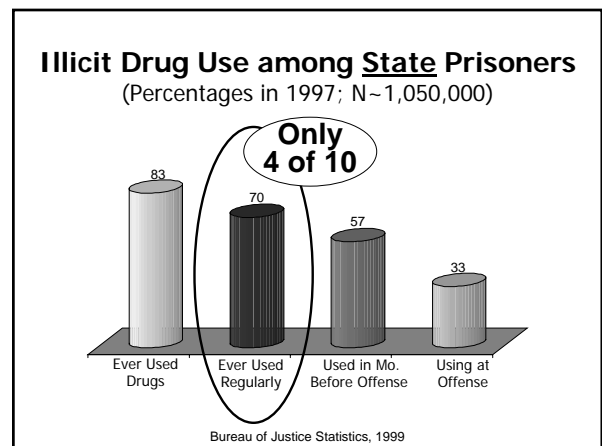
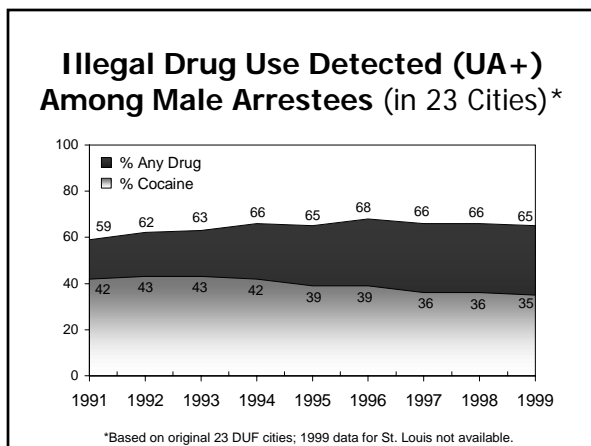
Adherence

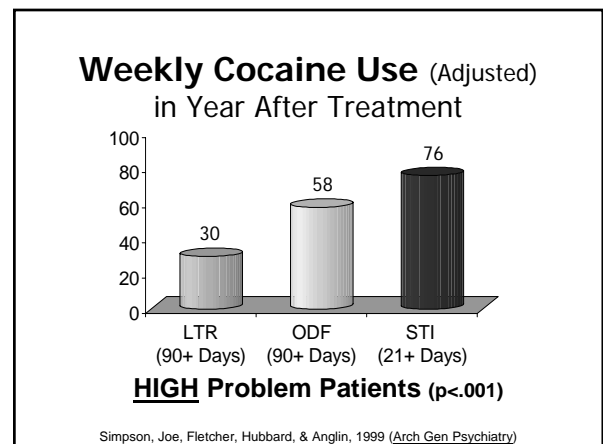
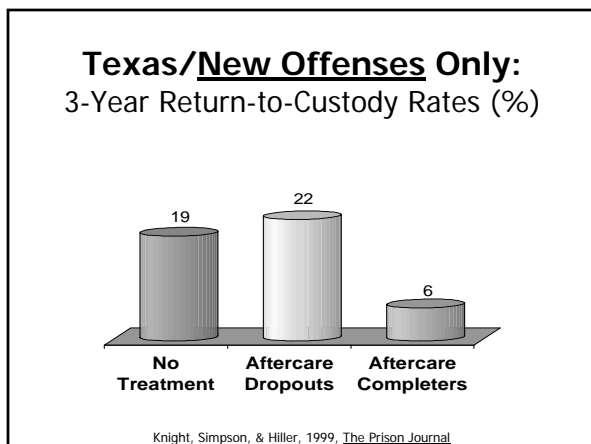
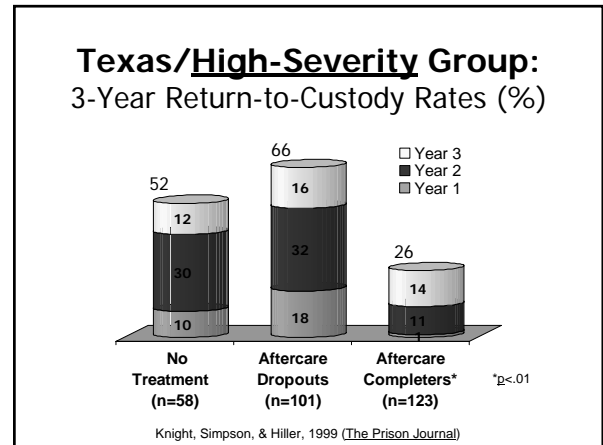
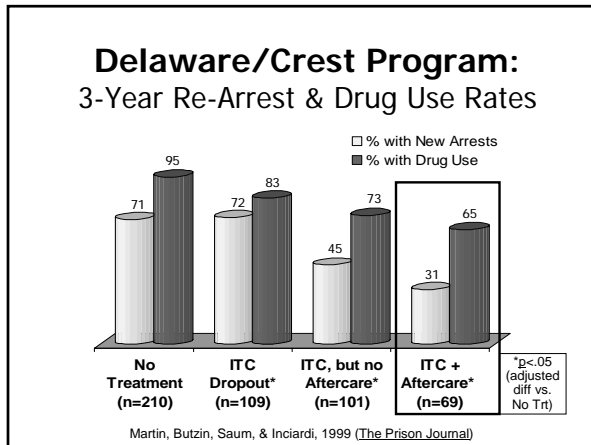
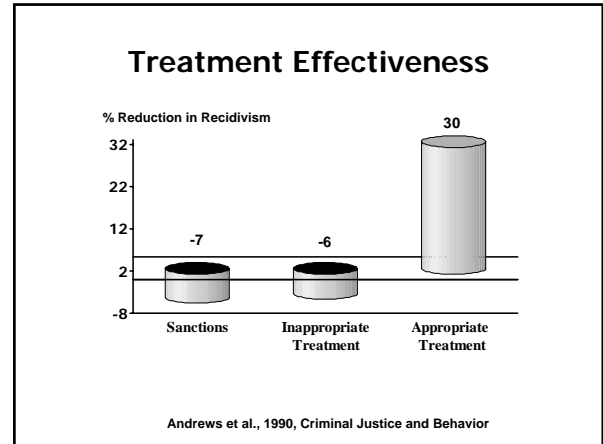
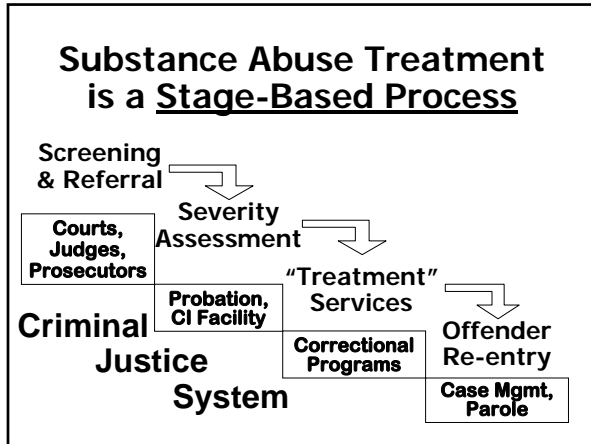
50% of medical patients LIE about adherence

Sources: National Center Health Stats; Harrison, 13th Ed.
(more than 30 published studies)

Effective Treatments

- Adherence to prescribed medications
- Adherence to recommended behavioral changes (e.g. diet, exercise, etc.)
- Relapse factors





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Science to Services

NIDA List of “Scientifically Based Approaches”

Principles of Drug Addiction Treatment: A Research Based Guide (NIDA, 2000)

Treatment Services and Resources: The Way it SHOULD Be!

Etheridge, Hubbard, Anderson, Craddock, & Flynn, 1997 (PAB)

Evidence-Based Treatment Model

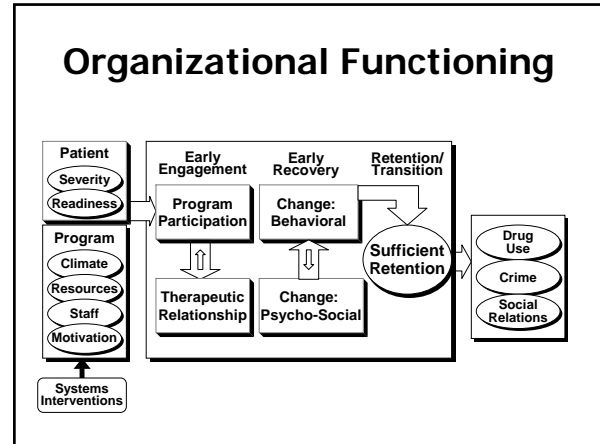
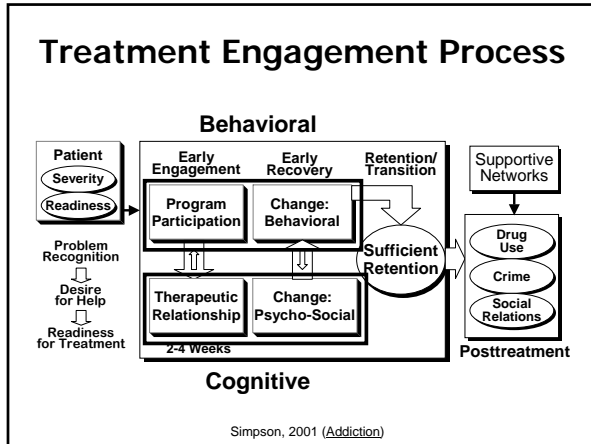
Simpson, 2001 (Addiction)

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Science to Services

Improving Treatment (Panel III: Page 65-85 of NTP)



- ### Budget Reductions
- ◆ Needs assessments
 - ◆ Treatment duration
 - ◆ Outcome criteria
 - ◆ Interventions

