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For more information on ***Time Out! For Me***, please contact:

Institute of Behavioral Research
Texas Christian University
TCU Box 298740
Fort Worth, TX 76129
(817) 257-7226
(817) 257-7290 FAX
Email: ibr@tcu.edu
Web site: www.ibr.tcu.edu

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CLIENT SURVEY “TIME OUT! FOR ME”

THIS BOX IS TO BE COMPLETED BY DATA COORDINATOR:

[FORM 62; CARD 01]

SITE # [] [] []	CLIENT ID# [] [] [] [] [] [] [] []	DATE: [] [] [] [] [] [] [] []	COUNSELOR ID# [] [] [] []
[5-6]	[7-12]	MO DAY YR [13-18]	[19-20]
SEQUENCE: 1. PRETEST 2. POSTTEST 3. 10 WEEK 4. 6 MONTH			[] []
			[21]

PART ONE.

INSTRUCTIONS: Please answer the following questions based on whether you think the sentence is **TRUE** or **FALSE**. Circle 1 (True) or 2 (False) after each statement.

True	False
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1. An I-Message is a way of expressing what you think or feel in a way that respects other people. 1 2 [22]
2. Communication roadblocks are likely to occur if we call people names or if we don't listen to what they are saying. 1 2
3. Latex condoms are better than skin condoms for practicing safer sex. 1 2 [24]
4. The most effective way to refuse or say “No” to someone is to be direct, firm, and avoid giving excuses. 1 2
5. Fertilization (when the male’s sperm meets the female’s egg) happens in the uterus (womb). 1 2 [26]
6. The brain and other organs of a developing fetus can be seriously damaged by drugs or alcohol as early as the third week of pregnancy. 1 2
7. Men have a stronger need for sex than women do. 1 2 [28]
8. Women do not need to check their breasts each month, so long as they have an annual physical exam. 1 2
9. Using Vaseline or baby oil with a condom can cause the condom to weaken and break. 1 2 [30]
10. When a man or a woman become sexually aroused (“turned-on”), there is an increased flow of blood into the tissues of the sex organs. 1 2

Appendix D

True	False
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- 11. An I-Message is a self-centered comment that shows a person doesn't care about anyone else. 1 2 [32]
- 12. A woman should have a Pap test and a pelvic exam (a women's health checkup) only when she has symptoms or thinks something is wrong. 1 2
- 13. The female clitoris (clit) is the main organ of sexual pleasure in women. 1 2 [34]
- 14. In order to communicate effectively, it is more important to say things correctly than it is to listen to what the other person has to say. 1 2
- 15. A woman should begin getting prenatal care as soon as she knows she is pregnant. 1 2 [36]
- 16. Body language (nonverbal communication) plays an important part in how well people understand what you say. 1 2
- 17. Sex and sexuality are the same thing — both refer to the physical act of having intercourse. 1 2 [38]
- 18. When you refuse a request you should make an excuse to avoid hurting the other person's feelings. 1 2
- 19. AIDS and other sexually transmitted diseases can be spread by having sex just once with someone. 1 2 [40]
- 20. What you say is more important than how you say it. 1 2

PART TWO.

INSTRUCTIONS: Please rate each item on a scale of 1 (Not at All) to 5 (Very), according to HOW TRUE THE STATEMENT IS OF YOU. Please circle one number for your answer to each statement.

READ EACH ITEM AND CIRCLE ANSWER.	NOT AT ALL TRUE	SLIGHTLY TRUE	SOME- WHAT TRUE	MOSTLY TRUE	VERY TRUE	
1. It is easy for me to express my opinions to my partner.	1	2	3	4	5	[42]
2. I often step in and make decisions for other people.	1	2	3	4	5	

READ EACH ITEM AND CIRCLE ANSWER.	NOT AT ALL TRUE	SLIGHTLY TRUE	SOME- WHAT TRUE	MOSTLY TRUE	VERY TRUE	
3. I would object if my partner suggested that we use a condom.	1	2	3	4	5	[44]
4. In general, I am satisfied with myself.	1	2	3	4	5	
5. I think masturbation is normal and healthy.	1	2	3	4	5	[46]
6. I listen carefully to what my partner has to say.	1	2	3	4	5	
7. I wish I had more respect for myself.	1	2	3	4	5	[48]
8. I plan to always use condoms when I have sex.	1	2	3	4	5	
9. I have difficulty saying “No” to my partner.	1	2	3	4	5	[50]
10. I am able to make good decisions about my health.	1	2	3	4	5	
11. I would be willing to try a condom, even if I had never used one before.	1	2	3	4	5	[52]
12. If my partner treats me unfairly, I can express how I feel.	1	2	3	4	5	
13. I know for sure what is right or wrong for me sexually.	1	2	3	4	5	[54]
14. I do things as well as most people.	1	2	3	4	5	
15. It is difficult for me to talk with my sex partner about sexual concerns.	1	2	3	4	5	[56]
16. I would be comfortable using “sex toys” (vibrators, etc.) during lovemaking.	1	2	3	4	5	
17. I feel like I am a failure.	1	2	3	4	5	[58]
18. I intend to talk with my sex partner about how we can have safer sex.	1	2	3	4	5	
19. I would avoid using condoms if at all possible.	1	2	3	4	5	[60]
20. I can talk openly and honestly with my sex partner.	1	2	3	4	5	