

Session

1

**Maintaining
Your Recovery**

Session

2

**Social Networks
and Recovery**

Session

3

**Support Groups
and Recovery**

Session

4

**Family Recovery Issues:
Support and Solutions**

Session

5

**An Effective
Communication Style**

Session



***Skills for Better
Relationships***

Session

7

**Coping with
Stress**

Session

8

**Managing Anger
in Relationships**

Session

9

**Challenges
for the Future**

Session

10

**Graduation
and Beyond**

Appendix

**Client Survey
(pretest/posttest)**

References