Session 1

A New Outlook on Relationships
Session 2

An Assertive Attitude
Session 3

Listening
Session 4

Talk It Over, Part 1: Feelings and Needs
Talk It Over, Part 2: Resolving Conflict
Session 6

Man Talk: It’s More than Plumbing
Session 7

Loving Relationships
Session 8

Making Relationships Work
Appendix A

Human Sexuality
Appendix B

Reference Section
Appendix C

Client Survey
(pretest/posttest)