

Session 1

***A New Outlook
on Relationships***

Session 2

An Assertive Attitude

Session 3

Listening

Session 4

Talk It Over, Part 1: Feelings and Needs

Session 5

Talk It Over, Part 2: Resolving Conflict

Session 6

*Man Talk:
It's More than Plumbing*

Session 7

Loving Relationships

Session 8

Making Relationships Work

Appendix A

Human Sexuality

Appendix B

Reference Section

Appendix C

Client Survey

(pretest/posttest)

Bibliography
