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The following discussion topics have been used with *The Weekly Planner*. Feel free to create or modify the discussion questions to better serve your clients.
THE WEEKLY PLANNER

DISCUSSION TOPICS

• Who wants to read aloud one of your quotes and tell what it means to you?

• How many other people chose this quote? Does it mean the same thing to you?

• Describe how this quote can help you attain a personal goal (desired strength) in your life.

• How are you going to apply this quote to your daily life?
THE WEEKLY PLANNER
FOLLOW-UP DISCUSSION TOPICS

• How have the quotes helped you make progress on one of your personal goals?

• Which quote has been the most useful to you? Why?

• Which quote has been the most difficult for you to use? Why?

• Which quotes would you like to replace with new quotes? Why?