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For more information, please contact:

Institute of Behavioral Research
Texas Christian University
TCU Box 298740
Fort Worth, TX 76129
(817) 257-7226
(817) 257-7290  FAX
Email:  ibr@tcu.edu
Web site:  www.ibr.tcu.edu
To the query, “What is a friend?”
his reply was, “A single soul dwelling in two bodies.”

Aristotle (384-322 BC)
Greek Philosopher

Do not bite at the bait of pleasure til you know there is no hook beneath it.

Thomas Jefferson (1743-1826)
U.S. President

I hasten to laugh at everything for fear of being obliged to weep at it.

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French Writer

If we do not find anything pleasant, at least we shall find something new.

Voltaire (1694-1778)
French Philosopher

She had an unequalled gift of squeezing big mistakes into small opportunities.

Henry James (1843-1916)
U.S. Author

One cool judgment is worth a thousand hasty counsels. The thing to do is to supply light and not heat.

Woodrow Wilson (1856-1924)
U.S. President

The shortest answer is doing.

English Proverb

If you don’t understand yourself you don’t understand anybody else.

Nikki Giovanni (b. 1943)
U.S. poet
Those who have the most to do and are willing to work will find the most time.

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Accountability in friendship is the equivalent of love without strategy.

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*Elizabeth Barret Browning (1806-1861) English Poet*

The first element of greatness is fundamental humbleness.

*Margot Asquith (1864-1945) British Socialite*

The giving is the hardest part; what does it cost to add a smile?

*Jean De La Bruyere (1645-1696) French Writer*

Blessed are the peacemakers for they shall be called the children of God.

*The Bible*

To think is to act.

*Ralph Waldo Emerson (1803-1882) U.S. Poet*

Perfect courage is to do without witnesses what one would be capable of doing while the world is looking on.

*Francois, Duc De La Rochefoucault (1613-1680), French Writer*
Virtue is reason which has become energy.

*Friedrich Schiegel (1772-1829)*
*German Philosopher*

Trust men, and they will be true to you; treat them greatly, and they will show themselves great.

*Ralph Waldo Emerson (1803-1982)*
*U.S. Poet*

Nature never said to me: *Do not be poor;* still less did she say: *Be rich;* her cry to me was always: *Be independent.*

*Sebastien-Roch Nicolas De Champort (1741-1794)*
*French Writer*

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*U.S. Columist*

Grace under pressure.

*Ernest Hemingway (1899-1961)*
*U.S. Author*

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*French Writer*

Patience and tenacity of purpose are worth more than twice their weight of cleverness.

*Thomas Henry Huxley (1825-1895)*
*English Biologist*
A journey of a thousand miles must begin with a single step.

Lao Tzu (6th century)
Chinese Philosopher

The best portion of a good man’s life: His little, nameless, unremembered acts of kindness and love.

William Wordsworth (1770-1850)
English Poet

No man is useless while he has a friend.

Robert Louis Stevenson (1850-1894)
Scottish Writer

Work keeps us from three great Evils: boredom, vice, and need.

Voltaire (1694-1778)
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Sure I am of this, that you only have to endure to conquer. You only have to persevere to save yourselves.

Sir Winston Churchill (1874-1965)
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Jacques Prevert (1900-1977)
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*British Mystery Writer*

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*Maya Angelou (b. 1928)*
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| 46 | If God be for us, who can be against us?  
*The Bible: Romans 8:31* |
| 47 | Life is not a dress rehearsal.  
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Leave everything a little better than you found it.

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Be brave. Even if you are not, pretend to be. No one can tell the difference.

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Be courteous to all, but intimate with a few.

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Alcoholics Anonymous Slogan

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Easy does it.

Alcoholics Anonymous Slogan

One day at a time.

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Just for today.
Alcoholics Anonymous Slogan

Check yourself before you wreck yourself.
Alcoholics Anonymous Slogan

Surrender to win.
Alcoholics Anonymous Slogan

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Let go and let God.
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Turn it over.
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'Tis a rule of manners to avoid exaggeration.
Ralph Waldo Emerson (1803-1882)
U. S. Poet

From quiet homes and first beginnings, out to the undiscovered ends, there’s nothing worth the war of winning but laughter and love of friends.
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British Author
To be happy is to be able to become aware of oneself without fright.

Walter Benjamin (1892-1940)  
German Philosopher

I started out by believing God for a newer car than the one I was driving. I started out believing God for a nicer apartment than I had. Then I moved up.

Henri-Frederic Amiel (1821-1881)  
Swiss Poet

A few honest men are better than numbers.

Oliver Cromwell (1599-1658)

The natural flights of the human mind are not from pleasure to pleasure, but from hope to hope.

Samuel Johnson (1709-1784)  
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A good name is rather to be chosen than great riches, and loving favor rather than silver and gold.

The Bible: Proverbs 22:1

We are not what we are, nor do we treat or esteem each other for such, but for what we are capable of being.

Henry David Thoreau (1817-1862)  
U. S. Philosopher

We make a ladder of our vices if we trample those same vices underfoot.

St. Augustine (354-430 A.D.)  
Christian Saint

If you can meet with triumph and disaster and treat those imposters just the same...you’ll be a man my son.

Rudyard Kipling (1865-1936)  
British Author

Teach us delight in simple things and mirth that has no bitter springs.

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French Philosopher  
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Matthew. 5:9, KJV Bible  
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Ralph Waldo Emerson  
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Perfect courage is to do  
without witnesses  
what one would be capable  
of doing with the world  
looking on.  
Francois,  
Duc De La Rocheefoucauld  
(1613-80) French Writer  
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Vitality shows not only  
the ability to persist  
but the ability to start over.  
F. Scott Fitzgerald (1896-  
1940)  
U.S. Author  
017

Trust men, and they will  
be true to you;  
treat them greatly,  
and they will show  
themselves great.  
Ralph Waldo Emerson  
(U. S. Poet)  
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Nature never said to me:  
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Still less did she say:  
Be rich;  
her cry to me was always:  
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042
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Be brave.
Even if you're not, pretend to be.
No one can tell the difference.
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Be courteous to all, but intimate with a few.
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George Santayana (1863-1952)
U. S. Philosopher
052
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Alcoholics Anonymous
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Easy does it.
Alcoholics Anonymous
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One day at a time.
Alcoholics Anonymous
056
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Just for today.
Narcotics Anonymous
057
✦ ✦ ✦

Check yourself before you wreck yourself.
Alcoholics Anonymous
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Surrender to win.
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Let go and let God.
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Hilaire Belloc (1870-1953)
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Walter Benjamin (1892-1940)
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