

This manual was developed as part of the National Institute on Drug Abuse (NIDA) Grant DA08608, *Cognitive Enhancements for the Treatment of Probationers* (CETOP).

The *Mapping Your Steps: "Twelve Step" Guide Maps* training module may be used for personal, educational, research, and/or information purposes. Permission is hereby granted to reproduce and distribute copies of these materials (except for reprinted passages from copyrighted sources) for nonprofit educational and nonprofit library purposes, provided that copies are distributed at or below costs and that credit for author, source, and copyright are included on each copy. No material may be copied, downloaded, stored in a retrieval system, or redistributed for any commercial purpose without the expressed written permission of Texas Christian University.

Institute of Behavioral Research  
Texas Christian University  
TCU Box 298740  
Fort Worth, TX 76129

(817) 257-7226  
FAX 257-7290  
E-Mail [IBR@TCU.EDU](mailto:IBR@TCU.EDU)  
Web site: [www.ibr.tcu.edu](http://www.ibr.tcu.edu)

March, 2000

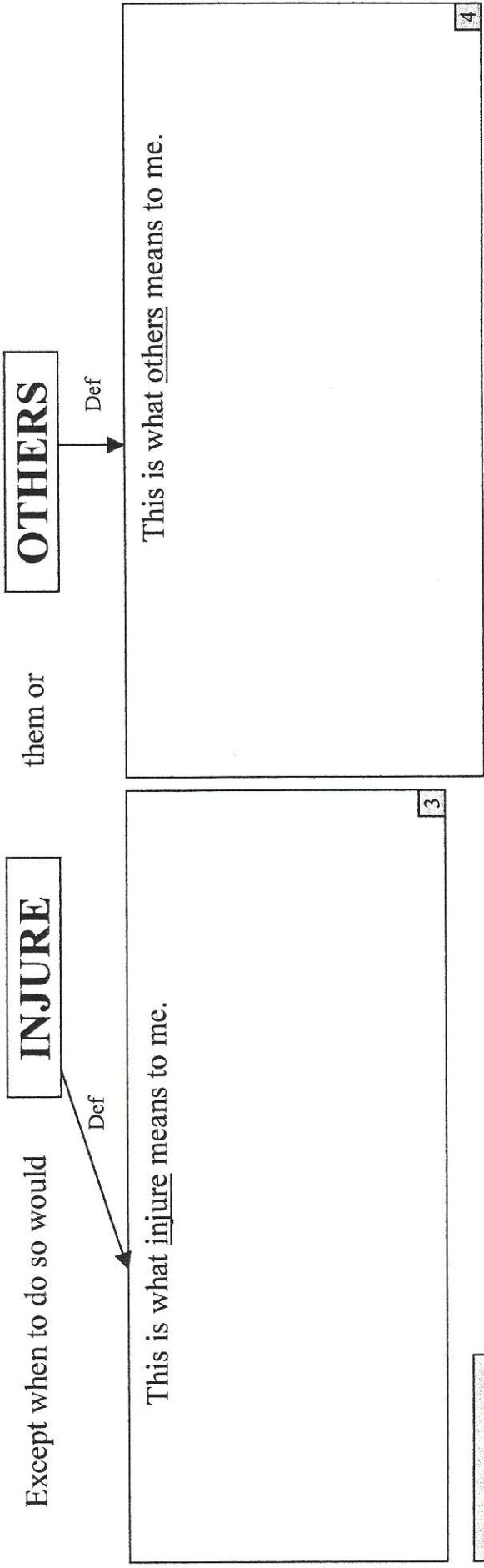
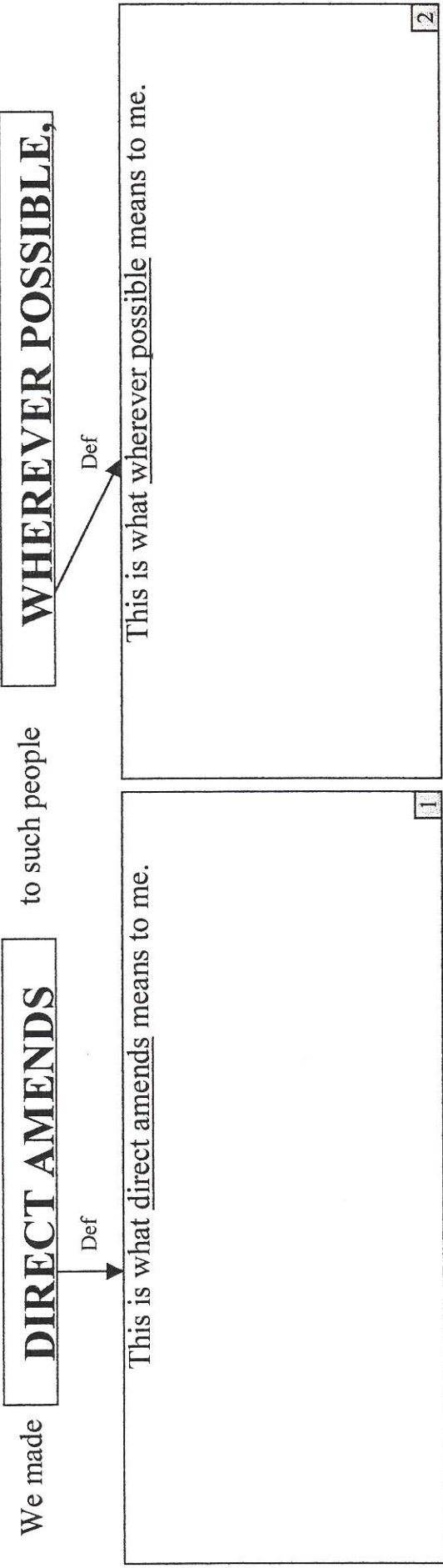
© Copyright 2002 Texas Christian University, Fort Worth, Texas.  
All rights reserved.

# Step 9 maps

We made direct amends to such people wherever possible, except when to do so would injure them or others.



**STEP 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.**



Def = Definition

STEP 9. Map 2 of 4

STEP 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.

**We made direct amends to such people wherever possible**

Def

This is what this phrase means to me.

1

Ex

These are some ways I can make amends to the people I have wronged.

2

C

This is a picture of how I will feel after making amends to them.  
(Draw or describe.)

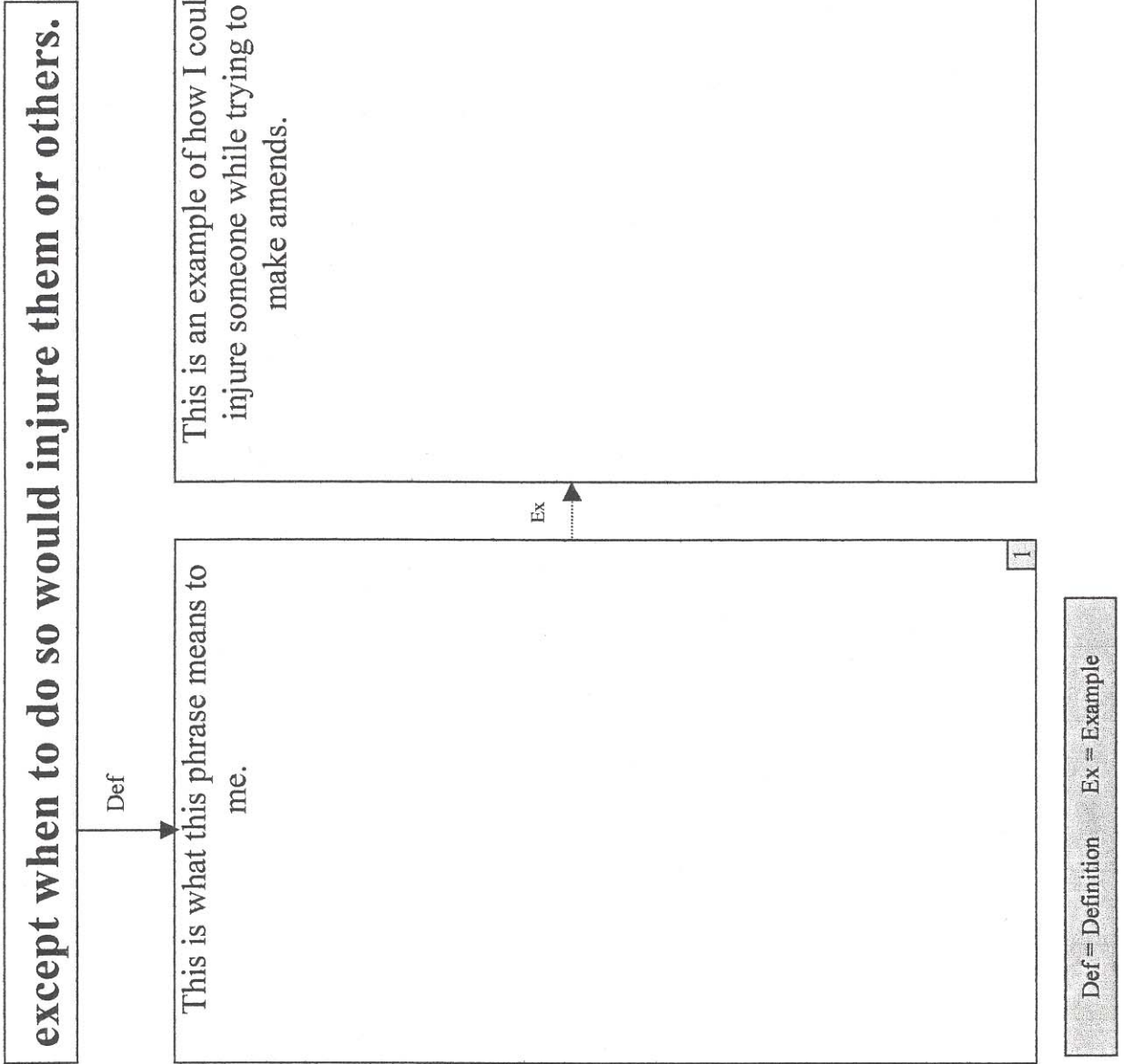
3

Def = Definition    Ex = Example    C = Characteristic



STEP 9. Map 3 of 4

STEP 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.



**STEP 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.**

Def

This is how I would say this step in my own words.

1

L

This is how I plan to carry out this step.

2

L

This is a picture of how I will feel after I have made amends to everyone.  
(Draw or describe.)

3

Def = Definition L = Leads to